

Reimagining what's possible for every moment of health

Family Planning with
Anthem

8/27/2025



Anthem Blue Cross

Invested in strengthening every segment of California’s communities:

Benefit Category	2025 Covered Services	2026 Covered Services
Maternity Care - Office	<ul style="list-style-type: none"> Prenatal, postnatal, and postpartum care Ambulatory care services (including ultrasounds, fetal non-stress tests, doctor visits, and other medically necessary maternity services performed outside of a hospital), involuntary complications of pregnancy, diagnosis of genetic disorders in cases of high-risk pregnancy. 	<ul style="list-style-type: none"> Continuing coverage for services covered in 2025; and *adding Doula services that includes pre/post-natal support, labor/delivery support and support during/after miscarriage.

*Covered services subject to change

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Benefit Category	2025 Covered Services	2026 Covered Services
Maternity Care - Inpatient	<ul style="list-style-type: none"> Professional and Facility services for childbirth in a facility or the home including the services of an appropriately licensed nurse midwife. Hospital services for routine nursery care for your newborn child. Covers newborn nursery beyond mother's stay. 	<ul style="list-style-type: none"> Covered services unchanged from 2025

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Benefit Category	2025 Covered Services	2026 Covered Services
Fertility/Infertility Testing and Diagnosis	<ul style="list-style-type: none">• Diagnosis and testing for infertility• Sterilization for females and males• Shots and implants for birth control	<ul style="list-style-type: none">• Covered services unchanged from 2025
Fertility/Infertility Treatment and Services (CA SB 729)*	<ul style="list-style-type: none">• None	<ul style="list-style-type: none">• Fertility/infertility treatment by maximum of three complete oocyte retrievals with unlimited embryo transfers in line with guidelines of the American Society for Reproductive Medicine (ASRM)
Infertility Medications	<ul style="list-style-type: none">• Not covered by the medical plan	<ul style="list-style-type: none">• Not covered by the medical plan

*Pending final regulatory guidance for coverage details from California Department of Managed Health Care.

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Benefit	2025 Covered Services	2026 Covered Services
Lactation Support	<ul style="list-style-type: none"> Covered as preventive when provided by in-network providers. Lactation counseling services can be provided or supported by in-network providers such as pediatricians, OB/GYNs and family medicine physicians. Includes breastfeeding support, breast pump, supplies, and counseling. 	<ul style="list-style-type: none"> Unchanged from 2025

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Family Planning Support Program	2025 Services	2026 Services
Building Healthy Families Maternity Support Program	<ul style="list-style-type: none"> • Preconception planning • New baby and family care • Maternal and infant health equity program including access to virtual doula services (8 prenatal visit hours and up to 4 postpartum visit hours within the first 6 months of birth) • Pathways for LGBTQIA+ • Support for underserved populations • Maternity Health Coaches via chat or phone • Nurse Case Management for high-risk members • Access to lactation support on LiveHealth Online • Digital content personalized for clinical, lifestyle, social and diversity needs • Digital Trackers - Ovulation, Health-risk monitoring, Baby • Digital Tools - Due date calculator, To-Do Lists, Meditation/Mindfulness 	<ul style="list-style-type: none"> • Unchanged from 2025