Los Angeles Unified School District-Retirees: Retirees and AB528 EPO Plan CA Residents

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://eoc.anthem.com/eocdps/">www.healthcare.gov/sbc-glossary/</a> or call (855) 333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	\$300/Retiree; maximum of three	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before
deductible?	separate deductibles/family for	this <u>plan</u> begins to pay. If you have other family members on the plan, each family member
	In-Network Providers.	must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid
		by all family members meets the overall family <u>deductible</u> .
Are there services	Yes. <u>Preventive Care</u> . For more	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
covered before you	information see below.	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>
meet your <u>deductible</u> ?		services without cost sharing and before you meet your deductible. See a list of covered
		preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	Yes. \$100/visit for Emergency	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before
deductibles for	room services (waived if admitted	this plan begins to pay for these services.
specific services?	directly from ER). There are no	
	other specific <u>deductibles</u>	
What is the out-of-	\$7,500/person for In-Network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.
pocket limit for this	Providers.	
plan?		
What is not included	Deductibles, Premiums, balance-	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
in the <u>out-of-pocket</u>	billing charges, and health care	
<u>limit</u> ?	this <u>plan</u> doesn't cover.	
Will you pay less if	Yes. See <u>www.anthem.com/find-</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
you use a <u>network</u>	care/?alphaprefix=JPU or call	<u>network</u> . You will pay the most if you use an <u>Out-of-Network Provider</u> , and you might
provider?	(855) 333-5730 for a list of	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your
	network providers. Benefits and	<u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>Out-of-Network</u>
	costs may vary by site of service	<u>Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get
	and how the <u>provider</u> bills.	services.

Do you need a referral	No.	You can see the specialist you choose without a referral.
to see a specialist?		

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You	Limitations, Exceptions, &	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	Not covered	Virtual visits (Telehealth) benefits available.
	<u>Specialist</u> visit	20% coinsurance	Not covered	Virtual visits (Telehealth) benefits available.
	provider's office or clinic  Preventive care/screening/ 20% coinsurar	20% <u>coinsurance, deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	Not covered	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	Not covered	none
If you need drugs	Typically Generic (Tier 1)	Not Covered	Not Covered	
to treat your illness or condition More information about prescription	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	Not Covered	Not Covered Not Covered	
	Typically Non-Preferred Brand and Generic drugs (Tier 3)	Not Covered	Not Covered	Carved out to CVS/Caremark
drug coverage is available at www.[insert].	Typically Preferred <u>Specialty</u> (brand and generic) (Tier 4)	Not Covered	Not Covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	none
surgery	Physician/surgeon fees	20% <u>coinsurance</u>	Not covered	none
If you need immediate medical attention	Emergency room care	20% <u>coinsurance,</u> Emergency room services <u>deductible</u> applies	Covered as In- <u>Network</u>	If admitted, ER <u>deductible</u> is waived. 20% <u>coinsurance</u> for Emergency Room Physician Fee.
	Emergency medical transportation	20% <u>coinsurance</u>	Covered as In- <u>Network</u>	none
	<u>Urgent care</u>	20% <u>coinsurance</u>	Not covered	none
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	none
hospital stay	Physician/surgeon fees	20% <u>coinsurance</u>	Not covered	none

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>.

Common		What You	Limitations, Exceptions, & Other Important Information		
Medical Event	Services You May Need	In-Network Provider (You will pay the least)  Out-of-Network Provider (You will pay the most)			
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit 20% <u>coinsurance</u> Other Outpatient 20% <u>coinsurance</u>	Office Visit Not covered Other Outpatient Not covered	Office Visit  988 lifeline/mobile crisis team covered as In- <u>Network</u> . Virtual visits (Telehealth) benefits available. Other Outpatientnone	
abuse services	Inpatient services	20% coinsurance	Not covered	20% <u>coinsurance</u> for Inpatient Physician Fee In- <u>Network</u> <u>Providers</u> . No Coverage for Inpatient Physician Fee <u>Out-of-</u> <u>Network Providers</u> .	
	Office visits	20% <u>coinsurance</u>	Not covered	Maternity care may include tests	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	and services described elsewhere in the SBC (i.e., ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	Not covered	*Coverage includes fertility preservation services, see Fertility Preservation section.	
	Home health care	20% coinsurance	Not covered	100 visits/benefit period for In- Network Providers.	
	Rehabilitation services	20% <u>coinsurance</u>	Not covered	*See Therapy Services section.	
If you need help	<u>Habilitation services</u>	20% coinsurance	Not covered		
recovering or have other special health needs	Skilled nursing care	20% coinsurance	Not covered	100 days/benefit period for skilled nursing services for In- Network Providers.	
	Durable medical equipment	20% coinsurance	Not covered	*See <u>Durable Medical</u> <u>Equipment</u> section.	
	Hospice services	20% <u>coinsurance</u>	Not covered	none	
If your child	Children's eye exam	Not covered	Not covered	none	
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	none	

# **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

• Children's dental check-up

• Cosmetic surgery

• Dental care (Adult)

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>.

- Eye exams for a child
- Long-term care
- Routine foot care unless you have been diagnosed with diabetes
- Glasses for a child
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

- Infertility treatment
- Routine eye care (Adult)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 12 visits/benefit period
- Hearing aids \$5,000 maximum/benefit period
- Bariatric surgery
- Private-duty nursing in a Home Setting only
- Chiropractic care 24 visits/benefit period combined with all other therapies

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>, Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="https://www.dmhc.ca.gov/">www.dol.gov/ebsa/healthreform</a>, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact California Consumer Assistance Program, Operated by the California Department of Managed Health Care, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>

# Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

# Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is	Having:	a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$300
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

The total Peg would pay is

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$300
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

The total Joe would pay is

Prescription drugs

\$2,870

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$300
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$4,800

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

The total Mia would pay is

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<u>Cost Sharing</u>		<u>Cost Sharing</u>		<u>Cost Sharing</u>	
<u>Deductibles</u>	\$300	<u>Deductibles</u>	\$300	<u>Deductibles</u>	\$300
Copayments	\$0	Copayments	\$0	<u>Copayments</u>	\$0
Coinsurance	\$2,500	Coinsurance	\$200	<u>Coinsurance</u>	\$500
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10

\$810

# Get help in your language

# **Language Assistance Services**

Curious to know what all this says? We would be too. Here's the English version: IMPORTANT: Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at 1-888-254-2721. (TTY/TDD:711)

Separate from our language assistance program, we make documents available in alternative formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

### **Spanish**

IMPORTANTE: ¿Puede leer esta carta? Si no, podemos pedirle a alguien que le ayude a leerla. También es posible que pueda solicitar que le enviemos esta carta escrita en su idioma. Para obtener ayuda gratuita, llame de inmediato al 1-888-254-2721 (TTY/TDD: 711).

#### Arabic

هام: هل تستطيع قراءة هذه الرسالة؟ إذا لم يكن الأمر كذلك، يمكننا أن نطلب من شخص ما مساعدتك في قراءتها. قد تتمكن أيضًا من الحصول على هذه الرسالة مكتوبة بلغتك للحصول على مساعدة مجانية، يرجى الاتصال على الفور على الرقم (TTY/TDD: 711) .888-254-2721.

#### Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Կարողանո՞ւմ եք կարդալ այս նամակը։ Եթե ոչ, մենք կարող ենք առաջարկել որևէ մեկի օգնությունը՝ ձեզ համար այն կարդալու համար։ Դուք կարող եք նաև այս նամակը ստանալ ձեր լեզվով։ Անվճար օգնության համար խնդրում ենք անմիջապես զանգահարել՝ 1-888-254-2721. (TTY/TDD: 711)

#### Chinese

重要: 您能看此信嗎?如果不能,我們可以請人幫您看。 您還可以獲得以您的語言寫的此信件。如需免費幫助,請立即致電 1-888-254-2721. (TTY/TDD:711)

#### Farsi

بخواهیم شخصی از توانیممی ما ،توانیدنمی اگر بخوانید؟ را نامه این توانید می آیا :مهم کتبی صورت به را نامه این بتوانید است ممکن همچنین کند کمک شما به آن خواندن در شماره با فوراً لطفاً ،رایگان کمک دریافت برای کنید دریافت خودتان زبان به و .بگیرید تماس (TTY/TDD: 711) .888-254-258-1

#### Hindi

महत्वपूर्ण: क्या आप यह पत्र पढ़ सकते हैं? यदि नहीं, तो हम इसे पढ़ने में किसी की मदद ले सकते हैं। यह पत्र आप अपनी भाषा में भी लिखवा सकते हैं। निःशुल्क सहायता के लिए, कृपया तुरंत 1-888-254-2721 पर कॉल करें। (टीटीवाई/टीडीडी:711)

#### Hmong

TSEEM CEEB: Koj puas nyeem tau daim ntawv no? Yog tias tsis tau, peb muaj qee tus neeg pab nyeem nws rau koj. Koj los kuj yuav tau txais ib daim ntawv sau ua kom yam lus. Rau kev pab dawb, thov hu tam sim ntawm 1-888-254-2721. (TTY/TDD: 711)

## Japanese

重要:この文書を読むことができますか?読むことができない場合、支援することが可能です。また、日本語で訳されたこの文書を書面で受け取ることができます。無料の支援をご希望の場合、1-888-254-2721 (TTY/TDD:711)にご連絡ください。

#### Khmner

សំខាន់៖ កើអ្នកអាចអានសំប្បុកនេះបានទេ? បើអត់ទេ យើងអាចមានអ្នកជួយអាន។ អ្នកក៍អាចទទួលបានសំប្បកនេះសរសេរជាភាសារបស់អ្នកផងដែរ។ សម្រាប់ជំនួយដោយ ឥតគិតថ្លៃ សូមទូរស័ព្ទមកភ្លាមៗតាមរយៈលេខ 1-888-254-2721. (TTY/TDD: 711)

#### Korean

중요: 이 편지를 읽으실 수 있으신가요? 그렇지 않으신 경우, 이를 읽으실 수 있도록 도움을 제공해 드릴 수 있습니다. 귀하의 모국어로 된 편지를 우편으로 받아보실 수도 있습니다. 무상으로 제공되는 도움이 필요하신 경우. 1-888-254-2721번으로 바로 연락해 주십시오. (TTY/TDD: 711)

### Punjabi

ਕੀ ਤੁਸੀਂ ਇਹ ਚਿੱਠੀ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇਕਰ ਨਹੀਂ, ਤਾਂ ਅਸੀਂ ਇਸਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ ਇਸ ਚਿੱਠੀ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖ ਸਕਦੇ ਹੋ। ਮੁਫਤ ਮਦਦ ਲਈ, ਕਿਰਪਾ ਕਰਕੇ ਤੁਰੰਤ ਇਸ 'ਤੇ ਕਾਲ ਕਰੋ 1-888-254-2721 (TTY/TDD: 711)

#### Russian

ВАЖНАЯ ИНФОРМАЦИЯ: Можете ли вы прочитать данное письмо? Если нет, наш специалист поможет вам в этом. Вы также можете получить данное письмо на вашем языке. Для получения бесплатной помощи звоните по номеру 1-888-254-2721. (TTY/TDD: 711)

### Tagalog

MAHALAGA: Mababasa mo ba ang sulat na ito? Kung hindi, mayroon kaming makakatulong sa iyo na basahin ito. Maaari mo ring makuha ang sulat na ito nang nakasulat sa iyong wika. Para sa libreng tulong, mangyaring tumawag kaagad sa 1-888-254-2721. (TTY/TDD: 711)

#### Thai

สำคัญ: คุณสามารถอ่านจดหมายนี้ได้หรือไม่ หากคุณอ่านจดหมายนี้ไม่ได้ เราสามารถขอให้ ใครสักคนช่วยคุณอ่านได้ คุณสามารถร้องขอ จดหมายนี้ที่เขียนในภาษาของคุณได้เช่นกัน หากต้องการความช่วยเหลือแบบไม่มีค่าใช้จ่าย โปรดโทรหาเราได้ทันทีที่ 1-888-254-2721. (TTY/TDD: 711)

#### Vietnamese

QUAN TRONG: Quý vị có đọc được lá thư này không? Nếu không, chúng tôi có thể nhờ ai đó giúp quý vị đọc. Quý vị cũng có thể yêu cầu thư này viết bằng ngôn ngữ của quý vị. Để được trợ giúp miễn phí, hãy gọi ngay đến số 1-888-254-2721. (TTY/TDD: 711)

## It's important we treat you fairly

We follow state and federal civil rights laws in our health programs and activities. Members can get reasonable modifications as well as free auxiliary aids and services if you have a disability. We don't discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. For people whose primary language isn't English (or have limited proficiency), we offer free language assistance services, in a timely manner, like interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711) or visit our website. If you think we failed in any areas or to learn more about grievance procedures, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Richmond, VA 23279, or if you think you were discriminated against based on race, color, national origin, age, disability, or sex, you can mail a complaint directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit https://ocrportal.hhs.gov/ocr/portal/lobby.jsf