

PROGRAM ELEMENTS

Enrichment Groups

CII's Enrichment Groups offer a wide range of experiences that all share a common foundation of trauma-informed practices and social-emotional learning. These groups support students in developing emotional regulation and prosocial skills and building positive relationships with their peers. All groups utilize structured curricula that build skills in the area of focus with an additional layer learning related to emotional wellness.

Enrichment Groups can be offered alone or in combination, depending on the needs and priorities of each school. All groups are staffed by two highly experienced CII specialists with expertise in working with students and families who have experienced trauma. Most groups are for students alone, however CII does offer groups that engage parent-child dyads as well. All groups can accommodate up to 20 students. Groups will be provided on school campuses before or after school hours. CII will work with schools to accommodate requests for larger group sizes and/or enrichment groups during traditional school hours. All groups can be adapted for elementary, middle or high school students. Examples include:

- **heARTbeats:** heARTbeats is a performing arts group that teaches youth leadership skills and provides a platform for students to discuss social justice issues. This group is facilitated by Teaching Artists and focus on creative expression through writing and performing arts activities.
- **Student Leadership Groups:** Student Leadership Groups are designed to help students build life and leadership skills essential to academic success and later success in life. In addition to leadership skills, these groups support students in learning more about themselves and building relationships with their peers. In addition, each cycle of the Student Leadership Group conducts a community service project that is created, developed, and completed by the students to benefit the school or the community at large.
- **Therapeutic Dance:** CII's Therapeutic Dance program teaches movement arts skills as a foundation for personal expression. Through interactive dance instruction of various styles (e.g., hip hop, jazz), students build develop communication skills, teamwork, and build social-emotional skills. A culmination event at the end of each cycle will celebrate students' successes and will provide a positive opportunity to engage parents.
- **Soccer Academy:** The Soccer Academy build foundational soccer skills and layers social-emotional learning and life skills that are also essential of and off the soccer field. These groups focus on gross motor skills, social skills, coordination, teamwork, and conflict resolution. Parents will be encouraged to support the groups by practicing skills with students at home.
- **STEAM Club:** CII's STEAM Club (Science, Technology, Engineering, the Arts, and Math) engages youth in a wide range of activities that encourage students to develop skills that support academic learning, such as persistence, problem-solving, and critical thinking. Through a series of structured experiential learning opportunities, students participate in process-based learning. Activities will be selected based on the age of enrolled students. Examples include: robotics, 3D drawing, science of baking, and mask making for visual expression of emotions.

- **Entrepreneurial Education:** Entrepreneurial skills are linked to academic and vocational success. CII's Entrepreneurial Education group supports students in developing initiative, self-reliance, adaptability, critical thinking, communication, collaboration, and future orientation. The group uses a project-based framework of challenges and competitions to increase student engagement.
- **Tutoring:** To address the academic needs of students, CII will provide group tutoring to provide homework support and academic skills development. CII's team will focus on the needs of the Target Student Population (TSP), including literacy and language skills.
- **Parent-Child Groups:** Parent-child groups can be offered on an individual basis or as a cycle of sessions. The activities of these groups will depend on the age of the students, however the types of activities can include nutrition-focused groups, art groups, dyadic STEAM activities, father-child groups, among others.

Afterschool Program

The Afterschool Program is a combination of Enrichment Groups to create a 3- to 4- hour block of programming that supports the overall District goals and student outcomes for each school. Each session begins with a nutritious snack and a time for students to relax and transition from the school day. Students will then participant in a mindfulness/relaxation activity. Then, students will engage students in a series of Enrichment Groups that are selected the school to meet the needs of their Target Student Population (TSP). Any of the Enrichment Groups outlined above can be included as a part of the Afterschool Program. At the conclusion of each session, students participate in a gratitude circle to reinforce mindfulness concepts, create opportunities for peer support, and build a sense of community in the group.

The Afterschool Program can be offered one day per week, multiple days per week, or on a schedule determined by the school's needs.

Summer Program

The Summer Program parallels the Afterschool Program in structure but extends programming to a full-day of 6- to 8-hours. Students attending the Summer Program receive nutrition lunches and snacks, as appropriate. The Summer Program also incorporates mindfulness and relaxation activities to promote emotional regulation. Field trips are also incorporated as a part of the Summer Program. CII works with each school to develop a sequence of enrichment programming that addresses the needs of the Targeted Student Population and supports the school's student outcomes.

Individual Services

In addition to the group services outlined above, CII provides individual supports to students and family members. Provided by a paraprofessional staff member, these services focus on intensive case management, resource navigation, and skill-building to optimize students' participation in school. The purpose of these services is to reduce barriers to attendance, build social-emotional skills related to learning, and support youth in preparing for educational and vocational paths. As appropriate, CII's staff can link participants to mental health services leveraged through CII's Los Angeles County Department of Mental Health contract. At no cost to families, CII's team can provide an array of evidence-based mental health services.

Counseling Services

Counseling Services are more intensive than Individual Services and are provided by Master's-level professional Counselors. Provided individually or in groups, Counseling Services are heavily focused on issues related to school engagement and safety. Counselors help students engage in social-emotional learning and build the regulatory skills necessary to ensure safety in the school environment, restorative justice, and issues related to bullying. Counselors can also consult with teachers to ensure that skills are transferred to the classroom setting and to build classroom management techniques. For children in need of additional support, CII's Counselors will link students to CII's leveraged mental health services for comprehensive assessment, diagnosis, and treatment.

Training

CII is a highly experienced training provider on a range of topics related to trauma-informed care, social-emotional learning and development. Community Schools approaches, student and/or parent mental health, youth development, behavioral management strategies for classrooms, among many others. CII's team of trainers includes individuals with a range of backgrounds and areas of expertise, including Licensed Clinicians, Paraprofessionals, Community Engagement Specialists, and Parent Partners with lived experience related to mental health, special needs, and child welfare issues.

For trainings, CII provides a team of at least two Trainers and all support materials necessary to facilitate the trainings. The number of training participants will be determined in conjunction with the school and will not impact the cost of the activity. Trainings can be provided before or after school, in the evenings, or on the weekends, depending on the needs of the school. CII also has the capacity to provide trainings virtually, as appropriate. CII has tremendous flexibility in our training approach without impacting the proposed cost. CII will work with each school to develop a training model that best meets the school's needs and support the District's overall goals.

Community Schools Core Package

CII's Community Schools approach is a school-wide change effort to build paths to success for the Target Student Population (TSP). The Core Package comprises the heart of the Community Schools model focused on shifting school climate and culture to create an environment that comprehensively supports children and families. The Core Package includes professional development for school staff, coordination of campus activities, linkage to community services provided by partner organizations, and linkage to CII's leveraged mental health services for assessment, diagnosis, and treatment, as appropriate. The Community Schools Core Package includes a full-time Community Schools Director who is the liaison with school leadership, aligns school and community resources, and facilitates all program activities.

Community Schools Comprehensive Package

The Comprehensive Package builds on the foundation of the Core Package and adds additional supports and resources. In addition to the work focused on shifting school climate and culture, the Comprehensive Package adds resources and supports to address attendance, whole child wellness, and parent engagement. In addition to the services outlined in the Core Package, the Comprehensive Package includes parent training, parent-child activities, Individual Services, and Counseling Services for students. In addition, students and families will have access to CII's

full range of two-generation wraparound services, including behavioral health services including numerous evidence-based practices (leveraged through CII's contract with the Department of Mental Health), parent-focused programs (Project Fatherhood, employment support, etc.), early childhood education for younger siblings (through CII's center and home-based programs), and crisis interventions (such as intensive wraparound services for foster youth).

The Comprehensive Package includes one full-time Community Schools Director and one full-time Care Coordinator with focused expertise in either College or Vocational Paths (selected the discretion of school leadership). CII will work with the leadership of each school to align Community Schools services with the needs and priorities of the school and the District's overall goals.

PRICE SCHEDULE

All costs below are firm, fixed, and fully burdened. Additional leveraged CII funding may be reflected in the costs outlined below. The individual elements outlined below can be combined to meet the unique needs of each school.

<i>Program Element</i>	<i>Cost</i>
Enrichment Groups	\$400 per 1 hour session
Afterschool Program	\$1,200 per 3-4 hour session
Summer Program	\$1,600 per full-day
Individual Services	\$65 per hour
Counseling Services	\$80 per hour
Training	\$400 up to half-day training
Community Schools Core Package	\$100,000 annually
Community Schools Comprehensive	\$250,000 annually