

Program Elements

Kid City has a long history of providing services to LAUSD students that have helped them to successfully enroll, persist in, and complete college. We are eager to provide our programs to students who are not able to come to our program space after school. In this proposal, we are offer to bring the following programs into LAUSD high schools: **college readiness** workshops for high school seniors; **parent engagement** programs to support high school seniors' college readiness;; **career readiness** programs for high school students; **academic support - high level math**, physics, and statistics.

I. Program Elements: Programs to increase college readiness for high school seniors

Kid City's college and career curriculum is comprised of a series of 45-90-minute workshops designed to aid high school seniors and their parents through the college and financial aid application process. Schools may meet with Kid City staff to select certain workshops appropriate for each situation, or arrange to have the whole series presented at the school. Kid City generally works with 20-25 students at once in a workshop. These workshops are designed to align with district goals, as noted:

I'm going to college: 12-week curriculum arc for high school seniors: These twelve workshops may be offered as a series or individual workshops. High schools may choose which workshops they would like to offer. We recommend beginning this series in early September; so that it may be complete before UC and CSU applications are due at the end of November. If possible, in addition we encourage at least one college visit during the fall to a nearby campus.

"I'M GOING TO COLLEGE"
College Readiness Workshop Menu and Curriculum Arc
High School Seniors - Fall Semester

As previously noted, the following workshops may be taken as a complete or partial series, or as a one-time workshop tailored to the needs of the school and students. Each workshop is presumed to be 90-minutes long; it may be given in one sitting, or split into two sittings on one or two days. Kid City has provided these workshops to high school seniors at LAUSD schools for six years, and has refined and strengthened the curriculum each year. As a result, we now have a corps of previous Kid City participants — both current college students and graduates — who are available to participate as guest speakers and panelists. We have found that this "near peer" mentoring is often the most effective, since students have similar life experiences, challenges, and goals that others may not be readily familiar with.

Week #	Objectives	Activities	Lesson	Resources
Week 1 Mapping the Journey to College	Build community among students and between instructors and students. Set expectations for the class.	<p>Paper Ice-breaker Each student takes a few pieces of candy. Each corresponds to a question that they will answer about themselves.</p> <p>Opening Survey Students complete an opening survey to evaluate the first day of class as well as their expectations for the course, along with anything they would like to learn.</p>	<p>'College-Bound High School Senior Planning Calendar' Handout Instructors pass out handout mapping out monthly tasks for students to complete to prepare for college.</p> <p>Group Discussion Instructors ask students what they learned from the handout, what they learned they need to do, etc.</p>	<ul style="list-style-type: none"> Opening (baseline survey) Handout: High School senior planning calendar
Week 1, continued Mapping the Journey to College	Develop a working understanding of the different types of colleges and match student interest accordingly.	<p>Paper ice-breaker: Students will receive different colored markers upon entering the class. Each corresponds to a question that they will answer about themselves.</p> <p>College Types Activity Students must match colleges (such as private, community, public, research, trade schools) with the right descriptions.</p>	<p>'Types of Colleges Resource' Handout Students are given a handout with additional information about college types to reinforce activity.</p> <p>Big Future College Board Demo Instructors take students to bigfuture.collegeboard.org to explore how to research colleges students are interested by size, financial aid info, extracurriculars, etc.</p>	<ul style="list-style-type: none"> Kid City alumni panel (currently in college) Handout: Types of Colleges
Week 2 Blind date with a major	Students explore possible majors and little known career paths	<p>Major Exploration Activity Different majors are placed as stations around the room. Students travel in groups to learn about each major.</p> <p>Blind date with a major: cover the major name, but include facts, stats, possible careers, other little known info about it</p>	Instructors review common misunderstandings about entering college as an "undeclared" major, common majors, impacted majors and programs, and how majors differ depending on the college.	<p>Web resource: Occupational Outlook handbook</p> <p>Handout: Choosing a major</p>

Week #	Objectives	Activities	Lesson	Resources
Week 3 Jump in: Target your schools	Begin common app and brainstorming college list (reach, target, and safety)	<p>5 things in common ice breaker: Students will be separated into two groups and will find 5 things in common</p> <p>3 unique things opener: Students will each take an index card upon entering and write 3 unique/little known facts about them (to be used at a later time)</p> <p>College List Students list the colleges they plan to apply to (min.12 schools)</p>	Common App Demo Instructor walks through the Common Application to submit to private institutions. Students follow along on laptop or computer stations.	Optional homework: Found poem exercise: Take a few minutes on one day to unplug and notice what's around you (commute, school, etc). Look for writings all around and organize into a poem
Week 4 Test-taking	Understand the test-taking strategies, how to overcome test anxiety, and create a FAFSA pin.	<p>Worries in a Basket Ice-breaker Students write their fears and worries on a slip of paper that they place in a basket which leads to a discussion.</p> <p>SAT/ACT Provide handout for test taking strategies.</p>	<p>Scholarships via College Greenlight Students are introduced to the online College Greenlight website and are instructed to create and build their accounts to apply for scholarships.</p> <p>FSA ID Instructor demonstrates how to create an FSA ID in order to begin the FAFSA process.</p>	<p>Handout: Test-taking strategies</p> <p>College Greenlight website</p>
Week 5 Brag sheets & CSU apps	<p>Gain confidence in constructing a brag sheet for essay brainstorming and teacher recommendations.</p> <p>Start the CSU app</p>	<p>Happy/Crappy Ice-breaker Students take turns telling something happy that happened during the week and something crappy.</p> <p>Brag Sheets Handout</p>	<p>Recommendations: Instructor goes through the etiquette of asking for a recommendation</p> <p>Cal State Application Demo Instructor walks through the process of creating a CSU application account through CSU Mentor. Students follow along on laptops or desktops.</p>	Handout: Brag Sheets
Week 6 Personal statements	<p>Learn about actual college life.</p> <p>Grasp a better idea of how to shape and personalize one's personal statement essays and the importance of giving constructive feedback.</p>	<p>Conversations: Students write down questions anonymously and place them in a box. Students may ask about college or life in general. Instructors will answer to the best of their ability.</p> <p>Personal Statement (Part I) Students create a timeline of their lives (starting from their birth year and every year until the present) in order to document significant moments.</p>	Personal Statement Activity (Part II) Using the timelines that students have created, Instructors urge students to pick events that they believe have played a large role in shaping them or uniquely sets them apart as the base of their personal statement essays.	

Week #	Objectives	Activities	Lesson	Resources
Week 7 On campus resources: EOP	Gain a better understanding of scholarships and the value of EOP.	College Greenlight Revisited Students are re-introduced to the online College Greenlight website and are instructed to build their accounts to apply for scholarships.	EOP Presentation Representatives from CSULA introduce EOP as a resource to first generation students on college campuses. One representative introduces resources that are available to undocumented students on campuses as well.	
Week 8 The UC app	Gain a deeper understanding of the UC App, dispel myths, impart advice/	Write, Aim, Shoot! Students write down a worry on an index card, crumple it up and shoot to make it into a basket in the middle of the class. After everyone has completed the activity, each student will read a concern anonymously to the group and offer a piece of advice. UC App Personalized Walkthrough Instructors asks for questions students still have about the UC application. Based on their responses, instructor walks through the process of creating a UC application account through UC App. Students follow along on laptops or desktops	Mid-Class Survey is administered by Instructors. Students fill out an anonymous form evaluating this class up until this point.	
Week 9 Motivation and self-advocacy	Summon motivation to continue application progression and feel supported in the process.	Icebreaker: What's on your plate? Students and instructors will be given a sheet of paper with drawings of a plate, cup, for, knife, cup, and a napkin. Each object symbolizes different questions: ex. Knife = What do you want to cut out? After filling out the sheet, students and instructors will take turns sharing a few things on their plate.	Goal setting & time management Students will watch TED Talk on time management. Talk about what they thought of it and what they might want to do because of it. Students will also set goals for the remainder of class	
Week 10 Before you submit	Gain an understanding of college resource websites.	College Submit Checklist (and pitfalls to avoid) Instructors check in on goals made last class	Workshop Students are given an opportunity to work on their college applications whether it be UC/CSU application or Common App, EOP. Instructors strive to meet with each student individually to track and support their progress.	Handout: Before you click "submit"

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Week 11: Nothing Can Stop Me Now		Nothing Can Stop Me Now Activity Students will visit 10 scenarios set up around the classroom depicting situations that present either a roadblock or a bump in the road to their college success. Students will determine the degree of difficulty of each obstacle, and seek to offer a pathway to success	Cecilia's Story Students are shown clips from 'First Generation' documentary outlining a high schooler, Cecilia's story leading to a discussion after the video.	Alumni panel: Kid City college students and grads answer questions and talk about obstacles they have faced. If stressed about being denied of schools, students can look at the attached articles https://mitadmissions.org/apply/process/selection/
Week 12 What's next?	Celebrate all the completed applications! Ensure students know that this is not the end of the college application process	"What do I do after I hit submit?"*** make clear to students while it is great that they have done their apps, there are still things that need to be done later that kid city can help with, like private schools, scholarships, and figuring out financial award letters once they start coming	11/29 College Apps Workshop KC Giving @5, so 1 hour college app class Final Survey Survey on what do you want next semester & where they submitted apps, GPA, (data collection)	

Program Elements: Additional workshops for high school seniors:

1. Introduction to scholarships: This 50 minute workshop shows students how applying for scholarships can fill the gap between financial aid and the cost of attendance. It addresses common scholarship myths, introduces different types of scholarships to students, and shows that the more scholarships a student applies for, the more likely they are to receive them. We cover different types of scholarships, including college/university support, local support from churches, companies, and non-profits, as well as scholarships that provide full tuition support. While a student may not qualify, or be able to apply for the big scholarships (such as Gates), there are many corporate, institutional, private, and local scholarships. Common questions and how to answer them are introduced, including how to write a personal statement and tailor it for each application. Lists of scholarships with links and tips for how to apply are included. Tips include notes on how to search for and find scholarships that fit each individual, including for undocumented students. Practical information is also included, such as the need to allow at least three weeks when requesting letters of recommendation or transcripts, and how to do so.

2. Scholarship workshop: We encourage schools to offer a weekly scholarship workshop during the spring semester, in which staff will introduce at least three new scholarship opportunities each week. The program includes a brief introduction of scholarship opportunities, including tips, links to applications. Students are encouraged to work on the scholarship essays and applications during the workshop, and staff are present to encourage, support, and answer related questions.

3. College choice workshop: When offers start to arrive, students can be overwhelmed with relief, excitement, and choices. Kid City staff address the social and emotional response, and help students focus on the practical necessity to compare offers with objectivity, especial financial objectivity. Each student is provided with a rubric to compare college costs with financial aid offers. Staff guide students through the rubric, which includes looking at costs of different housing and food plan options, transportation, books, and personal expenses. Choice of college also involves other factors, such as what size of class does the student learn best in? Do they thrive in a very competitive atmosphere? Are they ready to leave home? We ask students to make a list of questions that they have for each college that has made an offer that they may be interested in, and instruct them step by step how to get answers to their questions. Finally, students who are accepted to elite colleges may need extra assistance to request additional financial aid or tuition waivers. Tips are included for contacting financial aid offices for each school, and students practice asking those questions in role play.

4. College visits (for high school juniors and seniors): Kid City organizes college visits regularly to campuses accessible from downtown Los Angeles on public transit. Trips are designed to be more than a typical college tour. Students may meet with EOP staff and other on-campus programs designed for low-income and first-generation students. Kid City alumni and volunteers who attend or have graduated from those campuses meet with high school students to welcome them and engage in "real talk" about the campus. When possible, students are also invited to a meal on campus and sit in on a college level class.

Program Elements: College Readiness Workshops for high school juniors:

Similar to the curriculum for high school seniors, these workshops are designed to introduce high school juniors to their options for college, and to prepare to apply to college in the fall. Workshops are designed to stand alone, and may be selected individually or as a series, and can be modified to meet the needs of the school and its students. Workshops may be offered in the spring of junior year or during the summer to rising seniors.

**College Readiness Workshop Menu and Curriculum Arc
Spring Workshops for High School Juniors**

Week #	Objectives	Activities	Lesson	Resources
Orientation	Introduce the series to student who may want to join. Help high school juniors start to think about college applications	Survey of what students want from the class Ice Breaker-Bingo		
Week 1 Introduction to college options	Students will understand the different kinds of colleges: UC, CSU, Community College, privates, and trade colleges. Students will understand the difference between non-profit and profit colleges, religiously oriented colleges, etc. Students will identify what they want in a college. Students will begin to build relationships with staff and other students.	Community building activity - discover what you have in common College of the week sheet: -What's important to you in a college? -UCLA	Community agreements Your map to buried college treasure Presentation on college types Opening Survey: Students complete an opening survey to evaluate the first day of class as well as their expectations for the course, along with anything they would like to learn.	Portal to college website College comparison tool College map

Week #	Objectives	Activities	Lesson	Resources
Week 2 College Apps 101	Introduce students to the Common App, the UC App, and CSU app Encourage students to look ahead and create a plan for applying to schools	College of the Week: CSUN The great sorting game Students fill out college resume worksheet Go through the Common Application	Presentation on the college application	College resume worksheet GPA worksheet
Week 3 Near-peer mentoring: High school senior panel	Students to get advice from their peers Establish knowledge on the types of colleges and encourage students to think about the type that would be the best for them	-College of the Week: USC -Discussion with seniors -College types advantages and disadvantages activity -College board college preferences activity	Review types of colleges and new information on finding a good match Senior panel: seniors and juniors share their college choices, why and how they made that choice.	Advantages/disadvantages worksheet
Week 4 Let's Talk About You - Personal Statement Workshop	Students are introduced to the personal statement part of the college application. Students begin writing their own personal statement.	College of the Week: Occidental Wild Mind In small groups, read and evaluate past student statements..	Review UC prompts for personal statements. Guided writing ("wild mind") where students begin to explore prompts. Suggested timeline and resources for writing your statements.	Packet with worksheets and information about College essays
Week 5 Getting Professional	Students revise/improve their college resume Students speak with professionals and get advice about the future	-College of the Week: East LA College Unique and Shared Icebreaker Discuss why a resume is important for college? Resume workshop	Discussion: why is a resume important for college and the advantages for getting started early.	Resume worksheet Volunteers available for individualized advice and tips on resumes.

Week #	Objectives	Activities	Lesson	Resources
Week 6 Paying for College-School and State Financial Aid: Part 1	Students are introduced to different types of aid: grants, loans, scholarships, work-study. Students learn about FAFSA and Dream Act	College of the Week: Yale Match the word with the definition (grants, loans, FAFSA, etc.)	Timeline for senior year- When everything is due, what they can do now. Myths, questions, concerns discussion. Show sample students and how they paid for college	Timeline for senior year with ways to prepare for FAFSA
Week 7 Paying for College-School and State Financial Aid: Part 2	Students learn how to search for and find scholarships that are a good fit.	College of the Week: CSULA Finding the cash: Walk through finding a scholarship, including the search, requirements, and application process.	Scholarship lesson: demystifies scholarships by showing students how to find a good scholarship match, reviews all scholarships requirements (similar to requirements for a college application)	List of Scholarships
Week 8 What's your major?	Students are introduced to many majors they may have not known about previously Students will know where to locate resources to help them choose a major	-College of the Week: Cal Arts, Pepperdine -Icebreaker: Identity Circles helps students to identify values, other things that may influence their choice of major	Presentation on majors: the depth and breadth, 80% of students change major at least once; most 3 times	Online portal to explore: include Occupational outlook handbook,
Week 9 (optional) Celebration	Students will have an opportunity to reflect on what they have learned. Students will acknowledge and appreciate peers and instructors. Students will make a plan for the fall.	Make a plan for the summer and fall. Individual reflection activity and sharing Appreciation circle.	Review senior year timeline, and do's and don'ts of senior year.	Senior year survival guide Senior year timeline Send off notes SAT info for next year

2. Program Elements: Programs to increase parent engagement and college readiness and success:

Family financial aid night (1): This interactive program, generally presented during fall semester, combines a presentation responds to the widely held concern among parents that they cannot afford to send their child to college. It answers these basic questions: How can my child go to college when we are not able to pay? What are the different forms of financial aid? Why should we consider loans to help pay for college, and what kind? What scholarships are available for children without citizenship status? The presentation presents common obstacles to successful FAFSA applications, including concerns about divulging social security numbers, income verification, etc. Types of financial aid covered include Pell grants, Cal Grants, work-study awards, loans, and scholarships. Dinner is provided beforehand to

give families time to arrive and talk informally with staff and parent volunteers. Following the presentation and a question and answer period, volunteer parents of students who have gone on to college in the previous years meet in small groups with parents of high school seniors to answer common questions. We recommend that this program be offered to parents during the fall semester when students are completing college and FAFSA/Dream Act applications. This program is offered in English and in Spanish.

Family financial aid night (2): This interactive program, generally presented during spring semester, invites parents to return to prepare them to help their children make informed decisions about financial aid. The presentation reviews the five main types of financial aid: Pell grants, Cal Grants, work-study, loans, and scholarships. The financial aid award letter is discussed in depth, and key concepts, such as Estimated Family Contribution (EFC), estimated cost of attendance are explained. Tools to review and compare offers are provided. Steps to accepting and securing aid are also presented. Finally, parents are introduced to scholarship opportunities and encouraged to support their children in applying for scholarships regularly (one a week). As in the fall, dinner is provided prior to the workshop to allow parents time to arrive. Parent volunteers who have had children go to college are on hand to discuss concerns in small groups following the presentation. Parents are encouraged to sign up for individual appointments with staff and students to go over individual award levels and next steps. This program is offered in English and in Spanish.

3. Program Elements: Academic enrichment and intervention

High-level math tutoring for calculus, statistics, physics is provided by Kid City staff. Up to four students may meet with the tutor at a time. Staff member William McKeithen has been tutoring high school and college students at Kid City for six years in calculus, pre-calculus, physics, statistics, as well as lower level math. Students may be referred to the tutor for assessment, tutoring

Price Schedule

Description	Billing unit	Staffing	Total for staff	Materials & Supplies	Admin Overhead	Total fee
College readiness: single 90-minute workshop for up to 20 high school juniors or seniors. One meeting per week. Materials include nutritious snacks for after-school program.	Single 90-minute workshop	2 staff x \$50/ hour — 2 hours + 3 hours prep each	\$500	\$100	\$90	\$690
College readiness: Two 45 minute workshops for high school juniors or seniors. Two meetings per week. Materials include nutritious snacks for after-school program.	Two 45-minute workshops on a single topic	2 staff x \$50/ hour — 2 hours + 4 hours prep each	\$600	\$150	\$98	\$848
College readiness: One modified 45 minute workshop for high school juniors.	One 45-minute workshop (shorter version of the 90-minute workshop for high school juniors)	2 staff x \$50/ hour — 1 hour + 3 hours prep each	\$400	\$100	\$90	\$590
Parent engagement: Individual 30 minute parent/student consultations.	30-minute consultation	1 staff @ \$50 per 30-minute consultation	\$50	\$0	\$8	\$58

Description	Billing unit	Staffing	Total for staff	Materials & Supplies	Admin Overhead	Total fee
Parent engagement: Afternoon or evening parent workshops, up to two hours. Up to 30 families (parents and children)	Two-hour afternoon/ evening workshop	2 staff x \$50/ hour — 3 hours + 4 hours prep each	\$700	\$300	\$150	\$1150
Academic enrichment: high-level math tutoring	Per hour	Tutor at \$40 per hour. Up to four students at a time.			\$6	\$46
Emerging Leaders Summit: includes all planning, staff, materials, volunteer recruitment and training.	One full day conference at school site for up to 100 students	Minimum six staff on site at conference and 40-60 volunteers				\$10,000