

# myC.R.E.W.

**Creating Resilience Empowering Wellness**

## MISSION STATEMENT

BSAP Mental Health and Wellness is on a mission to promote mental health and wellness at all BSAP Group 1 schools. Through Peer- to-Peer mentorship led by BSAP PSWs, we are cultivating healthy social connections, setting positive examples, and organizing school-wide student led mental health events. myC.R.E.W. addresses the issues that affect the mental health and wellness of Black students to ensure their academic success. All student allies are welcome.

**We will make a difference together!**



## CONNECTION IS KEY!

Connectedness is a key protective factor against suicide, particularly for Black youth, as strong relationships with family, peers, and community reduce stress and feelings of isolation. Research shows that social support can buffer against suicide risk, and culturally affirming connections foster resilience and a sense of belonging (Centers for Disease and Prevention{CDC},2023).

## BLACK YOUTH SUICIDE DATA

- The suicide death rate among Black Youth has been found to be increasing faster than any other racial/ethnic group within the United States.
- As of 2018, suicide became the second leading cause of death in Black children aged 10-14, and the third leading cause of death in Black adolescents aged 15-19.
- Notably between 2007 and 2020, the suicide rate for Black adolescents aged 10-17 increased by 144%, the fastest rate among any racial group (CDC,2023).

## BSAP GROUP 1 PILOT SCHOOLS

- |                               |                           |
|-------------------------------|---------------------------|
| • 54th ES                     | • Gardena HS              |
| • 59th St. ES                 | • Hamilton HS             |
| • 74th St ES                  | • Hillcrest ES            |
| • 92nd Street                 | • Joyner ES               |
| • 95th St ES                  | • Knox ES                 |
| • 107th St. ES                | • LaSalle ES              |
| • Annalee ES                  | • Los Angeles High School |
| • Audubon MS                  | • Manhattan Place ES      |
| • Barrett ES                  | • Manual Arts HS          |
| • Bradley Global Awareness    | • Marina Del Rey MS       |
| • Brentwood Science Magnet ES | • Muir MS                 |
| • Bret Harte MS               | • Narbonne HS             |
| • Carson HS                   | • Paseo Del Rey ES        |
| • Cimarron ES                 | • Peary MS*               |
| • Crescent Heights ES         | • Purche ES*              |
| • Crenshaw HS                 | • Raymond ES              |
| • Dana MS                     | • UCLA Mann               |
| • Dorsey HS                   | • Venice HS               |
| • Drew MS                     | • West Athens ES          |
| • Dymally HS                  | • Westchester HS          |
| • Fairfax HS                  | • Windsor Hills ES        |
| • Foshay LC                   | • Woodcrest ES            |
| • Fremont HS                  | • YES Academy             |