

LA Unified 2025

WE ARE ONE

LAUSD 2025

ESTAMOS UNIDOS



# ROOTED IN RESILIENCE: CARING FOR YOURSELF AND YOUR FAMILY IN UNPREDICTABLE TIMES

This presentation will offer parents and caregivers strategies and resources to support their well-being in this post-election climate, and foster resilience in unpredictable times. Participants will have access to Know Your Rights information, immigration resources, and the opportunity to connect with organizations collaborating with our campaign, LAUSD 2025: We Are One.

## Parents and Families:

Please join the conversation at the location nearest to you! All Region sessions are in-person only. Can't make it in-person? Join us on a webinar. We look forward to seeing you there!

## FAMILY ACADEMY WEBINARS:

Tuesday, January 21, 2025 5:30-7:00 PM

Friday, January 24, 2025 9:00-10:30 AM

Webinar URL: <https://bit.ly/lausdweareone>

Webinar ID: 846 002 69705

Scan for more information and to register for reminders.



### REGION EAST

Thursday

January 30, 2025

4:30 - 6:00 PM

International Studies Learning Center  
5225 Tweedy Blvd.  
South Gate, CA 90280

### REGION WEST

Wednesday

February 5, 2025

5:00 - 6:30 PM

Berendo Middle School  
1157 South Berendo St.  
Los Angeles, CA 90006

### REGION NORTH

Wednesday

February 12, 2025

5:00 - 6:30 PM

Sylmar Charter High School  
13050 Borden Avenue  
Sylmar, CA 91342

### REGION SOUTH

Saturday

February 22, 2025

10:00 - 11:30 AM

Diego Rivera Learning Academies  
6100 S Central Ave, Los Angeles, CA 90001

## STAY INFORMED:



Contact: Family Hotline:

213-443-1300



Contact: Student & Family Wellness Hotline:

213-241-3840



Visit Our Website:

[lausd.org/familyacademy](https://lausd.org/familyacademy)

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