

FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

NOVEMBER 2024

DEVELOPING HEALTHY COMMUNICATIONS WITH YOUR CHILD.

Region South Mental Health Consultants will provide an insightful presentation that will support our Region South families engage in a healthy and productive way with their children. Join us to: learn the Principals for Healthy Communication; understand the importance of responding to your child's behaviors; the importance of implementing active listening when engaging with your child; and to discuss the importance of implementing self-care strategies as you support your family. We look forward to your presence! Note: The session will be conducted in English at the time indicated below.

Date and Time	Location
Monday, November 4, 2024 8:30 – 9:30 am	Location: Lenicia B. Weemes Elementary Address: 1260 W 36th Pl., Los Angeles, CA 90007. Zoom: https://lausd.zoom.us/j/82690887498 ID: 826 9088 7498

BUILDING FINANCIAL FOUNDATIONS: A FAMILY WORKSHOP

Strengthen your family's financial future with this interactive event. You and your children will rotate through various learning stations, each focused on different essential money skills. From wants and needs, smart shopping, or planning for a pet to budgeting, understanding credit, insurance basics and more. It's a fun, hands-on way to learn together and set the stage for a financially healthy life.

Date and Time	Location
Thursday, November 14, 2024 4:00 – 5:30pm	Location: Obama Global Prep Academy Address: 1700 W 46th St Los Angeles, CA 90062

REGION AMBASSADOR

SPECIAL EDUCATION: USING FIRST/THEN STRATEGIES TO SUPPORT POSITIVE BEHAVIORS IN THE HOME SETTING

Using First/Then Strategies to Support Positive Behaviors in the Home Setting” reviews prevention strategies for participants to use to establish behavior expectations, support transitions, and increase engagement in completing non-preferred activities in the home. This training will help participants understand the communicative intent and purpose of challenging behaviors, how to increase motivation, and will also give participants a concrete tool to support positive behaviors in the home setting.

Date and Time	Location
Tuesday, November 5, 2024 9:00 – 10:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S. Budlong Ave., Gardena, CA 90247 Zoom: https://lausd.zoom.us/j/82690887498 ID: 826 9088 7498

****Disclaimer:**** The details provided in this Course Catalogue may be subject to change without prior notice. For the most up-to-date information on workshop offerings, including any changes to dates, times, locations, and topics, please refer to: LAUSD.org/FamilyAcademy