

# FAMILY ACADEMY COURSE CATALOGUE

## JANUARY 2025

### REGION AMBASSADOR: LOCAL CONTROL AND ACCOUNTABILITY PLAN (LCAP) SESSION #3 INVESTING IN STAFF BOOSTS STUDENT SUCCESS, SUPPORTS DIVERSITY, AND ENSURES ACCOUNTABILITY

This Region LCAP Ambassador Engagement meeting will provide an overview of actions pertaining to LCAP Goal “Investing in Staff”, Goal “English Learner Supports” and Goal “Black Student Achievement Plan” at your region. Learn about the plan, goals, and funded programs by downloading a copy of the LCAP Executive Summary here: <https://bit.ly/LAUSDLCAPsummary>

Date and Time	Location
Thursday, January 9, 2025 9:00 – 10:30am	Location: Region South Family Engagement Center Address: 15805 S. Budlong Ave., Gardena, CA 90247 Zoom: <a href="https://lausd.zoom.us/j/82690887498">https://lausd.zoom.us/j/82690887498</a> ID: 826 9088 7498

### REGION AMBASSADOR: SPECIAL EDUCATION (SESSION #2) RIGHTFUL PRESENCE: FOSTERING A SENSE OF BELONGING IN SCHOOL

IEP teams are tasked with finding the least restrictive environment for students with disabilities, but parents may have concerns as to how their children will receive the services and supports they need there. This presentation will provide families with information regarding why time with peers in general education can build student achievement and independence and will give suggestions for how families can set children up for success.

Date and Time	Location
Monday, January 13, 2025 9:00 – 10:30am	Location: Region South Family Engagement Center Address: 15805 S. Budlong Ave., Gardena, CA 90247 Zoom: <a href="https://lausd.zoom.us/j/82690887498">https://lausd.zoom.us/j/82690887498</a> ID: 826 9088 7498

### MENTAL HEALTH SERIES: COPING AND SELF-CARE

Join us for this presentation brought to us by Region South Mental Health Consultant, Lathanya Thomas-Carr, where you will learn what self-care is and the dimensions of self-care. You will also learn how to create a plan and discuss the likelihood of barriers of maintaining a self-care plan. **NOTE: English Session starts at 8:30**

Date and Time	Location
Thursday, January 23, 2025 8:30– 9:30am	Location: 135 <sup>th</sup> Street Elementary Address: 801 W 135 <sup>th</sup> Street, Gardena, CA 90247 Zoom: <a href="https://lausd.zoom.us/j/82690887498">https://lausd.zoom.us/j/82690887498</a> ID: 826 9088 7498

### 2<sup>nd</sup> ANNUAL FAFSA | CADAA FAIR: FUNDING YOUR FUTURE

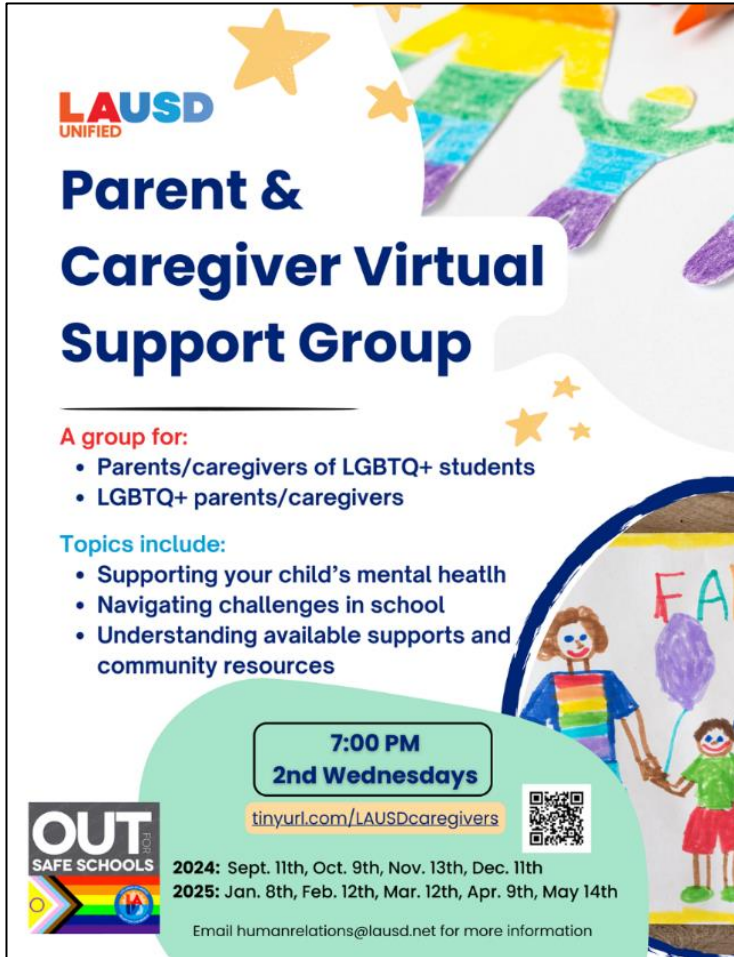
Families: Do you need support completing and submitting the FAFSA/CADAA application? Join us at Harbor College where families will have computer lab space to complete and submit their applications. Come and join the various highly informative workshops that will support this process: FAFSA Ready, Scholarships, Financial Aid Myth, and more!

Date and Time	Location
Saturday, January 25, 2025 9:00am – 1:00pm	Location: Harbor College Address: 1111 Figueroa Place, Wilmington, CA 90744

**\*\*Disclaimer:\*\*** The details provided in this Course Catalogue may be subject to change without prior notice. For the most up-to-date information on workshop offerings, including any changes to dates, times, locations, and topics, please refer to: [LAUSD.org/FamilyAcademy](https://lausd.org/FamilyAcademy)

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## Resources for Students and Families



**LAUSD UNIFIED**

### Parent & Caregiver Virtual Support Group

**A group for:**

- Parents/caregivers of LGBTQ+ students
- LGBTQ+ parents/caregivers

**Topics include:**

- Supporting your child's mental health
- Navigating challenges in school
- Understanding available supports and community resources

**7:00 PM**  
**2nd Wednesdays**

[tinyurl.com/LAUSDcaregivers](https://tinyurl.com/LAUSDcaregivers)

**2024:** Sept. 11th, Oct. 9th, Nov. 13th, Dec. 11th  
**2025:** Jan. 8th, Feb. 12th, Mar. 12th, Apr. 9th, May 14th

Email [humanrelations@lausd.net](mailto:humanrelations@lausd.net) for more information

**OUT SAFE SCHOOLS**

Los Angeles Unified's  
Student & Family Wellness Hotline  
Consultations, Support & Referrals

**Need help?**  
**Call (213) 241-3840**  
Weekdays 8 a.m. to 5 p.m.

For support with: Mental Health, Immunizations, Health Insurance, Food and Housing, Enrollment and more



El Distrito Unificado de Los Angeles Línea de Información de Bienestar Familiar y Estudiantil  
Consultas, Apoyo y Remisiones a Services

**¿Necesita ayuda?**  
**Llame al (213) 241-3840**  
Días laborables 8 a.m. a 5 p.m.

Para recibir apoyo en: Salud Mental, Vacunas, Seguro Médico, Comida y Vivienda Inscripción y más

**Learn more/Aprende más**

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