

FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

JANUARY 2025

RETURNING TO SCHOOL AFTER WINTER BREAK: HOW TO PREPARE FOR IT

Are you asking yourself what you can do to prepare your student to get back to full-time learning? Families, are you wondering how to spend quality time together during the last few days of winter break? Learn how to re-set daily rhythms and establish routines that will ready your student for full-time learning. Engage in educational activities that are fun for the whole family and create memories that will last a lifetime. Lastly, set for yourselves a New Year's Resolution to include learning for the whole family.

Date and Time

Friday, January 3, 2025
9:00 – 10:30 am

Location

Zoom: <https://bit.ly/familyacademywebinar>
ID: 895 5755 5227

ELAC AND SSC PARENT LEADERS SESSION 4: SCHOOL PLAN FOR STUDENT ACHIEVEMENT (SPSA)

Parent leaders, join us to learn about the School Plan for Student Achievement (SPSA), the continuous improvement cycle, and other leadership opportunities for parents and families in LAUSD. The SPSA outlines how federal funds will support students who may need extra help to succeed, as part of the *Every Student Succeeds Act*. This presentation will complement the learning for current and future ELAC and SSC members.

Date and Time

Wednesday, January 15, 2025
5:30 – 7:00 pm

Location

Zoom: <https://bit.ly/familyacademywebinar>
ID: 895 5755 5227

LAUSD 2025: WE ARE ONE - LEARN ABOUT KNOW YOUR RIGHTS INFORMATION AND THE IMPORTANCE OF PREPARING A PLAN FOR THE FAMILY

Join us for an informational workshop with CARECEN where you will learn how to take practical steps to take care of you and your family in uncertain times. Discover how to create an emergency plan, organize important documents, and understand immigrant rights. This session will provide tools and knowledge to ensure you're prepared and informed when faced with unexpected challenges. Participants will receive a copy of the We Are One Family Guide.

Date and Time

Thursday, January 16, 2025
9:00 – 10:30 am

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

****Disclaimer:**** Visit: LAUSD.org/FamilyAcademy to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.

FAMILY ACADEMY COURSE CATALOGUE

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Date and Time	Location
Friday, January 17, 2025 9:00 – 10:30 am	Zoom: https://bit.ly/lausdweareone ID: 846 002 69705

ROOTED IN RESILIENCE: CARING FOR YOURSELF AND YOUR FAMILY IN UNPREDICTABLE TIMES

Political elections often bring about potential changes that may raise feelings of uncertainty, concern, fear, anger, and sadness for many students and families. This presentation will offer parents and caregivers strategies and resources to support their well-being in this post-election climate, and foster resilience in unpredictable times. Participants will have access to Know Your Rights information, immigration resources, and the opportunity to connect with organizations collaborating with our campaign, LAUSD 2025: We Are One.

Date and Time	Location
Tuesday, January 21, 2025 5:30 – 7:00 pm	Zoom: https://bit.ly/lausdweareone ID: 846 002 69705

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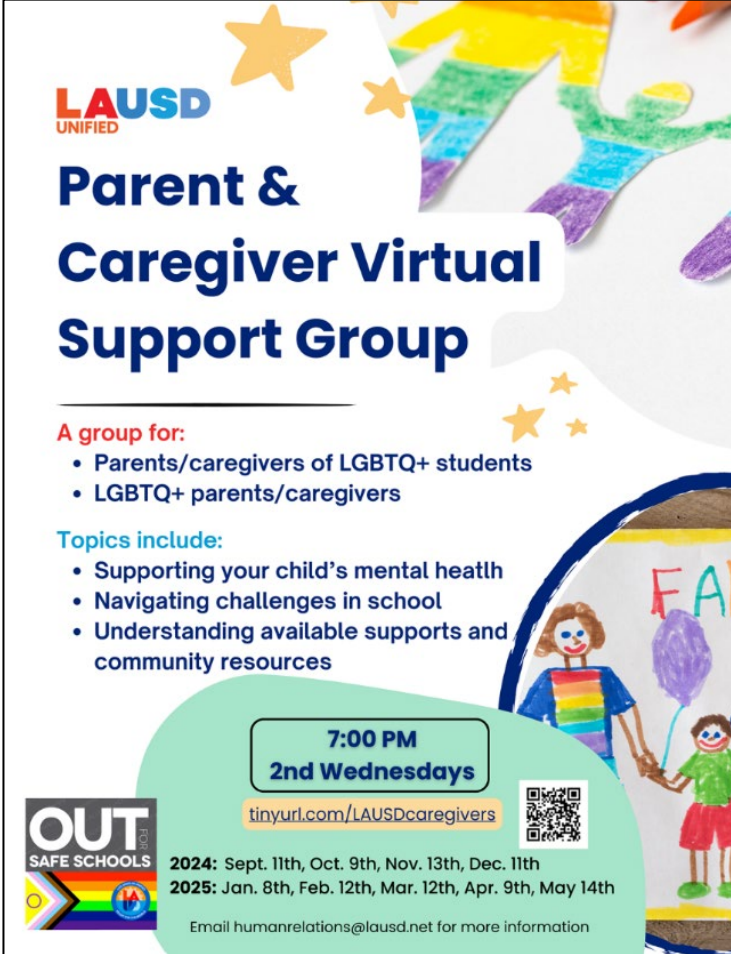
Date and Time	Location
Friday, January 24, 2025 9:00 – 10:30 am	Zoom: https://bit.ly/lausdweareone ID: 846 002 69705

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For Students, Parents and Caregivers

Resources for Students and Families



LAUSD
UNIFIED

Parent & Caregiver Virtual Support Group

A group for:


- Parents/caregivers of LGBTQ+ students
- LGBTQ+ parents/caregivers

Topics include:

- Supporting your child's mental health
- Navigating challenges in school
- Understanding available supports and community resources

7:00 PM
2nd Wednesdays

tinyurl.com/LAUSDcaregivers



OUT SAFE SCHOOLS

2024: Sept. 11th, Oct. 9th, Nov. 13th, Dec. 11th
2025: Jan. 8th, Feb. 12th, Mar. 12th, Apr. 9th, May 14th

Email humanrelations@lausd.net for more information



Los Angeles Unified's Student & Family Wellness Hotline
Consultations, Support & Referrals

Need help?
Call (213) 241-3840
Weekdays 8 a.m. to 5 p.m.

For support with: Mental Health, Immunizations, Health Insurance, Food and Housing, Enrollment and more



El Distrito Unificado de Los Angeles Línea de Información de Bienestar Familiar y Estudiantil
Consultas, Apoyo y Remisiones a Services

¿Necesita ayuda?
Llame al (213) 241-3840
Días laborables 8 a.m. a 5 p.m.

Para recibir apoyo en: Salud Mental, Vacunas, Seguro Médico, Comida y Vivienda Inscripción y más

Learn more/Aprende más

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