

FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

FEBRUARY 2025

“KNOW YOUR RIGHTS” UPDATED INFORMATION AND THE IMPORTANCE OF HAVING A FAMILY PREPAREDNESS PLAN

Join us for an UPDATED informational workshop with our partner, CARECEN, where you’ll learn practical steps to take care of yourself and your family in uncertain times. This session will provide valuable tools and knowledge to help you stay prepared and informed when facing unexpected challenges.

Date and Time

Monday, February 3, 2025
5:30 – 7:00pm

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

“KNOW YOUR RIGHTS” UPDATED INFORMATION AND THE IMPORTANCE OF HAVING A FAMILY PREPAREDNESS PLAN

Join us for an UPDATED informational workshop with our partner, CARECEN, where you’ll learn practical steps to take care of yourself and your family in uncertain times. This session will provide valuable tools and knowledge to help you stay prepared and informed when facing unexpected challenges.

Date and Time

Thursday, February 6, 2025
9:00 – 10:30am

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

“KNOW YOUR RIGHTS” UPDATED INFORMATION AND THE IMPORTANCE OF HAVING A FAMILY PREPAREDNESS PLAN

Join us for an UPDATED informational workshop with our partner, CARECEN, where you’ll learn practical steps to take care of yourself and your family in uncertain times. This session will provide valuable tools and knowledge to help you stay prepared and informed when facing unexpected challenges. *This session will be presented in Spanish with simultaneous interpretation in English.*

Date and Time

Friday, February 7, 2025
9:00 – 10:30am

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

LOS ANGELES UNIFIED SCHOOL DISTRICT (LAUSD) TITLE I PARENT AND FAMILY ENGAGEMENT POLICY

LAUSD revises its Title I Parent and Family Engagement Policy every six years. This policy aims to highlight the various educational opportunities available to families, helping them support their children's learning at home. The Office of Student, Family, and Community Engagement, in collaboration with Families in Schools, is engaging families in each Region to update the policy.

Date and Time

Wednesday, February 12, 2025
10:30am – 12:00pm

Location

Zoom: <https://lausd.zoom.us/j/81247786565>
ID: 812 4778 6565
Passcode: 2025

PSYCHOLOGICAL FIRST AID (PFA) FOR PARENTS/CAREGIVERS OF BLACK STUDENTS

Psychological First Aid (PFA) for Parents/Caregivers of Black Students is an evidence-informed approach for assisting children, adolescents, adults, and families in the immediate aftermath of a critical incident, disaster, or terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short and long-term adaptive functioning. Black children and youth may experience race-based traumatic incidents in various ways, including direct impact, indirect exposure, or through media outlets. This webinar will address how to support students who are continuously experiencing discrimination and repeated acts of racial violence and aggression that result in racial trauma. Discussion will include strategies to help parents and families with supporting and nurturing students to build and strengthen their resilience.

Date and Time

Wednesday, February 12, 2025
5:30 – 7:00pm

Location

Zoom: <https://bit.ly/familyacademywebinar>
ID: 895 5755 5227

KNOW YOUR RIGHTS: IMMIGRANT ACCESS TO PUBLIC SERVICES AND BENEFITS

Join us to review the public charge test and the relationship between use of public benefits and immigration status. Our presenters will discuss laws related to sensitive locations and protection of personal information and discuss immigrant eligibility for public benefits and services.

Date and Time

Tuesday, February 18, 2025
5:30 – 7:00pm

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

****Disclaimer:**** Visit: LAUSD.org/FamilyAcademy to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.

FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

MAKING READING AND WRITING CONNECTIONS TO BOOST LITERACY

The Division of Instruction, in collaboration with the Office of Student, Family and Community Engagement, invites you to a special live family webinar with renowned literacy expert and author, Joan Sedita. This informative session will focus on practical strategies to support writing at home and the vital connections between reading and writing. We hope to see you there!

Date and Time

Wednesday, February 19, 2025
5:30 – 7:00pm

Location

Zoom: <https://bit.ly/familyacademywebinar>
ID: 895 5755 5227

KNOW YOUR RIGHTS: IMMIGRANT ACCESS TO PUBLIC SERVICES AND BENEFITS

Join us to review the public charge test and the relationship between use of public benefits and immigration status. Our presenters will discuss laws related to sensitive locations and protection of personal information and discuss immigrant eligibility for public benefits and services. *This session will be presented in Spanish with simultaneous interpretation in English.*

Date and Time

Thursday, February 20, 2025
9:00 – 10:30am

Location

Zoom: <https://bit.ly/lausdweareone>
ID: 846 002 69705

BUILDING STRONGER BONDS: SOCIAL-EMOTIONAL LEARNING AND RESTORATIVE PRACTICES FOR FAMILIES

Families, join us for this workshop designed to equip parents and caregivers with valuable tools for fostering emotional well-being at home. Learn practical strategies for supporting your family through challenges, explore resources for teaching gratitude, and discover techniques for building resilience and positive mental health in your children. This session will also provide resources for integrating social-emotional learning and self-care into your family's daily routine.

Date and Time

Tuesday, February 25, 2025
9:00 – 10:30am

Location

Zoom: <https://bit.ly/familyacademywebinar>
ID: 895 5755 5227

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FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

Resources for Students and Families

LA Unified 2025
WE ARE ONE

LAUSD 2025
ESTAMOS UNIDOS


LEARN ABOUT "KNOW YOUR RIGHTS" UPDATED INFORMATION AND THE IMPORTANCE OF HAVING A FAMILY PREPAREDNESS PLAN

Join us for an UPDATED informational workshop with our partner, CARECEN, where you'll learn practical steps to take care of yourself and your family in uncertain times. This session will provide valuable tools and knowledge to help you stay prepared and informed when facing unexpected challenges. Participants will receive a copy of the **LAUSD 2025: We Are One Family Guide**.

We have multiple viewing options available for your convenience:

Monday, February 3, 2025 5:30 – 7:00 PM	Thursday, February 6, 2025 9:00 – 10:30 AM	Friday, February 7, 2025* 9:00 – 10:30 AM
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Zoom Information:
Webinar URL: <https://bit.ly/lausdweareone>
Webinar ID: 846 002 69705



Scan for more information and to register for reminders.

*This session will be presented in Spanish with simultaneous interpretation to English.

STAY INFORMED:

 Contact Family Hotline: 213-443-1300	 Contact Student & Family Wellness Hotline: 213-241-3840	 Visit Our Website: lausd.org/familyacademy
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LAUSD UNIFIED
Updated 1/27/25



Student & Family Wellness Resource Line
Línea de Recursos de Bienestar Familiar y Estudiantil

consultations consultas | support apoyo | referrals remisiones a servicios

For support with / Para recibir apoyo en:

✓ Mental Health <small>Salud Mental</small>	✓ Health Insurance <small>Seguro Médico</small>	✓ Enrollment <small>Inscripción</small>
✓ Immunizations <small>Vacunas</small>	✓ Food & Housing <small>Comida y Vivienda</small>	✓ and more! <small>y más</small>

(213) 241-3840

8:00 AM - 4:30 PM

askshs@lausd.net

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