

HELP STOP BULLYING AND HARASSMENT



Behaviors that are not okay:

- Unwanted hugs, kisses, grabbing or touching
- Invading personal space (standing too close or stopping someone from moving)
- Teasing or saying rumors and disrespectful jokes about others or making comments about other's bodies
- Treating someone differently because of their gender (a boy or girl) or what they like to wear
- Writing hurtful messages (notes, graffiti, texts, cyber)
- Showing or sending inappropriate or unkind pictures, posters, cartoons, or drawings that make others feel uncomfortable
- Making mean or rude body movements or gestures that embarrass or hurt people's feelings



What is Harassment

Unwelcomed behavior that targets you and may make you feel:

- Unsafe
- Scared
- Uncomfortable
- Keeps you from learning

Harassment is against school rules and the law!

Bullying and harassment is wrong!

- Teasing or making fun of other students is unkind
- Joining in when someone teases or bullies others is wrong
- Think about the words you use and how you would feel if someone said them to you
- Saying "I was only playing" is not a good reason to touch or bother others

How can you stop harassment?



If others are bullying or harassing you, **tell them to stop**

If a friend tells you someone is bothering them, **try to help them tell someone**

If bullies don't stop bothering you or a friend, **tell an adult you trust**

Who can help if someone is bothering you?

- Parents
- Principals
- Teachers
- School staff
- Trusted adults
- Title IX/Bullying Complaint Manager



You can get help!

It is your right to LEARN and FEEL SAFE at school!

- It is against school rules and the law for people to bully or harass.
- Your school can help stop these type of behaviors and keep you safe.

For more help, please call or write to:

Office of Student Civil Rights
Los Angeles Unified School District
333 S. Beaudry Ave., 18th Floor
Los Angeles, CA 90017

Phone: (213) 241-7682
Fax: (213) 241-3312

Email:
EquityCompliance@lausd.net

Website:
<https://lausd.org/OSCR>

