



LOS ANGELES UNIFIED SCHOOL DISTRICT POLICY BULLETIN

TITLE: Pregnant and Parenting Students Educational Rights

NUMBER: BUL-2060.1

ISSUER: Dr. Debra Duardo, Executive Director
Student Health and Human Services

David Holmquist, General Counsel
Office of the General Counsel

ROUTING
All Employees

DATE: March 11, 2016

POLICY: The Los Angeles Unified School District (District) is committed to the protection of the educational rights of pregnant and parenting students. Pregnant and parenting students, regardless of their marital status, have the same right as any other student to attend any District school or program and to do so in an environment free of discrimination or harassment. The District shall make reasonable accommodations for pregnant and parenting students so that no student is excluded from participation in, denied benefits of, or subjected to discrimination on the basis of that student's gender/sex (including pregnancy, childbirth, breastfeeding, pregnancy related medical condition, false pregnancy, termination of pregnancy or recovery therefrom).

MAJOR CHANGES: This Bulletin replaces BUL-2060.0 Pregnant and Parenting Students Educational Rights, October 25, 2005, issued by Student Health and Human Services and Office of the General Counsel. It reflects new law which ensures reasonable accommodations by a school district to lactating students on school campuses.

GUIDELINES: The following guidelines apply.

I. The Right to Equal Education and Full Participation

A. Enrollment and Participation

Students who are pregnant or parenting have the right to enroll in, as well as to return to, any school/program for which they would otherwise qualify at any stage of the pregnancy. They have the right to remain in their regular or current school program, including elementary or secondary schools, honors and magnet programs, special education school placements, alternative/options programs, migrant education, free and reduced lunch programs and services for English learners, and any others for which they are otherwise qualified. This would include participation in graduation, awards, ceremonies, field trips, student clubs, councils, afterschool activities, and any other school-related programs. Students cannot legally be expelled, suspended, or otherwise excluded from, or



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required to participate in school programs solely on the basis of their pregnancy-related conditions, or marital or parental status.

B. **“Know Your Rights: Pregnant and Parenting Students” Fact Sheet**

Pregnant and parenting students will benefit from information about District and community resources, especially those that may assist them in gaining support and services to stay in school. A fact sheet outlining educational rights, titled “Know Your Rights: Pregnant and Parenting Students” has been developed to provide students, both female and male, with important information about their rights, their responsibility to continue attending school, educational options and information regarding assistance available (Attachment A [English], Attachment A-1 [Spanish]). When staff becomes aware of a student’s pregnancy or impending fatherhood, staff should provide the fact sheet and provide supports to make the student aware of educational rights and programs and services that may be of assistance.

C. **School Climate**

Pregnant and parenting students have the right to attend school in an environment free from discrimination, harassment, intimidation and/or bullying. Each school should work collaboratively with the school community to create and maintain a school culture where students feel welcome, safe, and respected.

D. **Reasonable Accommodations to Facilitate Full Participation**

Schools must treat pregnancy and related conditions as they treat any other medical condition. Health plans, medical benefits and related services and accommodations to facilitate full participation are to be provided to pregnant students in the same manner as these services are provided to students with any other temporary disabilities.

District schools and programs must make reasonable accommodations to facilitate equal access and full participation of pregnant and parenting students. Such accommodations, implemented on a case-by-case basis, may include, but are not limited to:

- Providing hall passes for bathroom use as needed
- Scheduling classes in more accessible locations
- Providing a larger desk or work space
- Allowing elevator access when needed and possible
- Allowing additional time for passing periods and nutrition and lunch
- Providing modified activities in physical education programs when requested by the student and her medical provider
- Arranging for school-based independent study during an extended pregnancy-related medical absence
- Allowing scheduling flexibility whenever possible to enable full participation and reduce school absences due to medical concerns



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Examples of such flexibility could include:

- Facilitating changes to minimize loss of school time and to provide access to childcare
- Allowing students to remain in school
- Allowing a reduced schedule of classes or contracts for a student with medical complications

Schools must also make reasonable accommodations to the educational program and activities that are responsive to a student's lactating status. Reasonable accommodations for a lactating student include, but are not limited to:

- Providing a reasonable amount of time to accommodate her need to express breast milk or breast-feed an infant child
 - Examples of a reasonable amount of time could range from 20 to 40 minutes, two to three times a day; consider a lactation schedule in order to allow a student to breastfeed or express milk at regular intervals
 - Include time to set up and clean equipment, collect, label and store milk
- Access to a private and secure room (the door locks, or a message is placed on the door that the room is in use, or blinds/curtains are drawn), other than a restroom, to express breast milk or breast-feed an infant child (this may be an existing space on campus)

Examples of such access could include:

- A vacant office
- A room which can be arranged to be used by the lactating student during specific times of day
- A women's lounge
- A first aid room
- A dressing room
- A cubicle with a partition or curtain
- Permission to bring onto a school campus a breast pump and any other equipment used to express breast milk
- Access to a power source for a breast pump or any other equipment used to express breast milk
- Access to a place to store expressed breast milk safely

Examples related to storing expressed breast milk could include:

- A storage location for an ice chest or cooler
- A dedicated refrigerator
- The Center for Disease Control and Prevention recommends breast milk is stored at room temperature up to 77°F in a 6 to 8 hour period. Containers should be covered and kept as cool as possible. If students carry their own insulated cooler bag, the recommended temperature is 5-39°F using ice packs in contact with milk containers at all times and with limited opening of the cooler.



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- A student shall not incur an academic penalty as a result of her use during the school day of reasonable accommodations and shall be afforded an opportunity to make up any work missed due to such use. A complaint of noncompliance with the provision of reasonable accommodations for lactating students may be filed under the District's Uniform Complaint Procedures process (See Section VII).

E. Conditions for Requiring a Licensed Healthcare Provider's Written Permission for School Participation

Schools may require a student to provide written permission from her licensed healthcare provider that she is physically and emotionally able to continue to participate in a school activity/program if such permission is also required for other students' health conditions or temporary disabilities requiring medical care. For example, a student who has been hospitalized due to childbirth may be required to submit a medical permission for re-entry to school if such permission is required of students who have been hospitalized for other medical treatments/conditions.

F. Participation in Physical Education

Pregnant and parenting students are entitled to participate in physical education and school sports on the same basis as other students. A school may ask a student to obtain certification of a licensed healthcare provider regarding her participation when such certification is required of students for other conditions requiring attention of a licensed healthcare provider. When students cannot meet the requirements of the regular physical education curriculum, schools must provide students with a modified physical education curriculum. This curriculum should be modified to meet the demands of each student's health and physical limitations as defined by their licensed healthcare provider and should provide physical education credit.

II. Confidentiality and Disclosure of Pregnancy

A. Students' Confidentiality Rights Regarding Pregnancy and Related Care

Pregnant and parenting students have the right to have their health and personal information kept confidential. Information about students' pregnancies and related conditions should not appear in their cumulative or health record and cannot be used when they are being considered for educational or job opportunities, awards or scholarships. Personal information students share with administrators, teachers, and licensed school personnel such as a school nurse, social worker, psychologist, or licensed counselor is confidential and should not appear in students' educational records.



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Staff should not discuss students' confidential information or communications without their permission. An exception to this rule of confidentiality includes, but is not limited to, a reasonable suspicion of child abuse or a clear and present danger to the health or safety of the student. In cases of suspected child abuse, employees are required, as mandated reporters, to make a report to a Child Protection Agency, as outlined in the District's child abuse policy. This child abuse reporting responsibility does not include notifying students' parents/guardians of a pregnancy or related condition. Please note that the pregnancy of a minor, in and of itself, may not warrant a suspected child abuse report, unless the pregnant student is age 13 or under and the partner is age 14 or older. Where students' parents/guardians are unaware of a pregnancy, students may be encouraged to involve their parents/guardians, but must not be coerced to do so.

B. Students' Right to Consent to Confidential Medical Services

Minors have a statutory right to consent to medical care related to pregnancy, pregnancy prevention, including contraceptive services, and other reproductive health services including pregnancy termination. This right applies to all youth and is not limited to pregnant and parenting teens, and means that minors may receive confidential medical services as described above without the knowledge or consent of their parent/guardian. In addition, any written verification regarding confidential medical services shall not appear in students' school records and shall be kept in a separate confidential file.

In recognition of this right, the Education Code states that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the knowledge or consent of a parent/guardian. This information is conveyed in the District's Parent Student Handbook and on the "Emergency Card" signed as part of enrollment: School authorities may excuse any pupil age twelve and older from the school for the purpose of obtaining confidential medical services without the consent of the parent or guardian. In addition, schools may not require that students obtain written parental permission prior to releasing students from school to receive confidential medical services and may not notify parents when students leave school to obtain such services.

III. Attendance and Excused Absences

A. Attendance

Every child, age 6 to 18, has the right and obligation to attend school. Pregnant and parenting students who are minors have the same obligation to meet compulsory school attendance laws as any student. This obligation applies to minor students regardless of their marital or parental status.



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B. **Short Term Excused Absences**

Under Education Code, absence from school for students' own illnesses or medical appointments during school hours is considered an excused absence. Students with excused absences such as pregnancy-related illnesses or the medical care of related conditions shall be treated like all other students with excused absences. Students shall also be considered excused when their absences are due to the illness or the medical appointment of a child for whom students are the custodial parents. Students with excused absences shall be allowed to complete all assignments and tests missed, or a reasonable equivalent of the work missed, during the absence. Students shall be given full credit upon satisfactory completion of that work in a reasonable time period.

A school may require verification of appointments from pregnant students' licensed healthcare providers, or the licensed healthcare providers for students' children, if such verification is also required from students for other medically related absences. Any such oral or written verification, however, shall not appear in the student's school records and shall be kept in a separate confidential file.

C. **Extended Excused Absences/Leaves of Absence**

Students are entitled to an extended absence or leave of absence for reasons of pregnancy and related conditions. Schools shall not check out students who have been absent more than five days or adopt an "automatic drop" policy as a remedy to a prolonged absence without following District attendance policy outlined in [BUL-4926.2 Attendance Manual: Policy and Procedures for Elementary, Secondary and Option Schools](#), and [REF-6554.0 2015-2016 Opening Day Procedures: Supplemental Guide and Updates](#).

Documentation from students' licensed healthcare providers may be required for verification of pregnancy and medically-related conditions if also required for all absences due to medical conditions. A leave of absence may be for as long a period of time as deemed medically necessary by students' licensed healthcare providers. At the conclusion of a leave, students must be reinstated at the school with the same status as before the leave began.

School-based independent study activities should be made available for students who are or will be absent for a significant period of time due to illness, including pregnancy-related illnesses, childbirth, and recovery. An independent study program at the home school may also be considered as a voluntary option for periods such as the last weeks of pregnancy ([BUL-M-128 Guidelines for Independent Study Programs](#)).

Written permission from a licensed healthcare provider is required for



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readmission as it is for all absences due to medical conditions. Students with excused absences must be allowed to complete all assignments and tests missed, or a reasonable equivalent of the work missed during their absence. Once work is satisfactorily completed within a reasonable time period, students must be given full credit.

In addition, students who meet the requirements of this section may not be denied privileges or the right to participate in any school activities due to their excused absence. This policy regarding the handling of excused absences follows the mandates of both Title IX and Education Code and supersedes school-based attendance or other policies regarding allowable numbers of absences or ability to make up missed school work.

D. Carlson Home Hospital School Referrals

Carlson Home Hospital School provides instructional services to meet the needs of students with serious, disabling medical illnesses or conditions that prevent their school attendance. Pregnancy alone is not considered a serious, disabling condition preventing school attendance, and pregnant students are not generally eligible for Home/Hospital School Services. However, Carlson program referrals may be indicated in cases of pregnancy or postpartum complications where serious, disabling illnesses or medical conditions prohibit a students' attendance in school or independent study. Carlson program referrals may be made by the school nurse or principal's designee at sites without a school nurse, in consultation with students' licensed healthcare providers. Referrals will require medical documentation.

School site remedies should be explored by counseling and administrative staff before making referrals to Carlson. Pregnant students whose medical complications do not prohibit participation in independent study may be able to continue their school progress through participation in an independent study program implemented at their current school or through programs such as City of Angels Independent Study.

IV. Pregnant Minor Schools and Specialized Classes or Programs

Pregnant students may elect to enroll in District Pregnant Minor Schools such as McAlister or Riley High Schools (McAlister or Riley). Enrollment must be completely voluntary and students may not be denied access to their regular school programs. Students choosing to attend McAlister or Riley should be provided with the "Know Your Rights: Pregnant and Parenting Students" fact sheet (Attachment A [English], Attachment A-1 [Spanish]).

McAlister and Riley offer small campuses, a shortened day, and classes in child development, nutrition, health, childbirth education, and parenting for students in grades 6 through 12. Both schools have access to a nurse who visits each site



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(McAlister has four sites, and Riley has three). Food service and transportation assistance (tokens or bus passes) are also provided. McAlister and Riley use an individualized instructional contract model providing core curriculum and selected electives with transferable credits. Students may enroll at any time of the school year.

Ramona High School (Ramona) also offers an education program that may be appropriate as it offers a small school setting for students, some of whom are pregnant and/or parenting. Ramona serves students in grades 7 through 12 and has on-campus childcare. For contact information for McAlister, Riley, Ramona, or other District voluntary educational programs and options for pregnant and parenting students, refer to Attachment B.

Students' educational needs shall be carefully evaluated before transferring them to another school or program. When transfers occur close to the end of a semester or grading period, students should be assisted by a counselor or administrator in making arrangements to ensure that credits are not lost during the process. This is especially critical for students who are close to graduation and/or planning to attend college. Students should be informed that some college preparatory courses, honors classes, laboratory classes, and advanced placement courses may not be available at Pregnant Minor, Alternative, or Options Schools or Programs. If such classes are not available at the school site, staff members shall facilitate concurrent enrollment in a nearby school or an approved alternative educational setting, such as an adult school, skills center, occupational center, or community college.

Coursework/extracurricular activities offered to pregnant and parenting students in specialized programs must be comparable to those offered to non-pregnant/parenting students in the regular school program. In addition, students should be informed of their right to transfer back to their original school/program. Students completing credits required for graduation have the right to request participation in graduation and receipt of their diploma from their home (previous) school or to graduate and receive their diploma from McAlister, Riley, or Ramona Opportunity Schools.

A. Enrollment in McAlister and Riley High Schools

Elementary school students may be enrolled at McAlister or Riley on a case-by-case basis. Contact the school principal for assistance. All students, including elementary school students, have the same right to continued attendance at their regular school, and transfers to McAlister or Riley must be completely voluntary.

Parents/guardians must accompany minor students when enrolling them in a Pregnant Minor School, as must happen with enrollment at any school. In addition, students will be required to provide a written confirmation of pregnancy, with due dates, from their licensed healthcare providers.



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Pregnancy can be a difficult and stressful time for students and their families. Support and collaboration of school staff are crucial in assuring on-going educational success. Reasonable efforts should be made by sending and receiving schools to locate and assist students who do not timely complete the transfer process. These efforts might include, but are not limited to:

- Ensuring the transfer has been completed
- Making a referral to a school or Local District PSA Counselor to locate and assist students when transfers are not completed timely
- Planning with students for their return

B. Additional Educational Options

The additional responsibilities of pregnancy and parenthood may make it difficult for some students to attend school due to limited childcare or work obligations. Educational programs providing shortened days or more flexible schedules may provide these students with valuable educational alternatives.

Programs under Educational Options Programs, Alternative Education and Work Centers (AEWC), or Community Adult Schools may offer alternative educational options for students who are unable to attend school full time.

Many Community Adult Schools offer afternoon or evening classes and have flexible independent study programs. Pregnant and parenting students who are minors have “adult status” for the purpose of adult school attendance and may enroll in adult education classes even if they are not concurrently enrolled in any other District educational programs (Education Code [§52610.5](#) and [§41976](#)).

The AEWC dropout recovery program provides students with individualized educational and career technical training. AEWC serves out-of-school youth who have experienced barriers to academic success and for whom independent study is an appropriate option. The program offers flexible scheduling. Alternative options should be discussed with counseling staff at both the home school and the alternative program to make sure they best meet students’ educational needs (Attachment B).

V. Caregiver Authorization Affidavit and Enrollment

Using the Caregiver’s Authorization Affidavit, students may be enrolled in school by relative or non-relative caregivers 18 years of age or older with whom the students reside. Further explanation and a copy of the Caregiver’s Authorization Affidavit for use in enrollment may be found in District policy [BUL-1570.2 Enrollment of Homeless Children and Youth in Schools](#).



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VI. Childcare and Case Management Resources for Teen Parents

Select District schools have infant or childcare centers on campus. These childcare programs are offered first to students enrolled at their regular school. Childcare may be available to students from other school areas when there are openings for both the students and their children. The use of school-based childcare is open to both students who are fathers and mothers (Attachment B).

Support services such as case management, social services, referrals for benefits, and childcare are vital resources for many pregnant and parenting students and can remove barriers to school attendance. Pregnant and parenting students residing within the LAUSD attendance areas can access the services of the following case management agencies: Altamed Youth Services, El Nido Family Centers, Project NATEEN, and the Southern California Youth and Family Center. The following home visitation programs also provide case management support: Nurse Family Partnership and the Public Health Nurse Perinatal Home Visitation Education Program. (Attachment C).

District Nursing Services offers the Nurse-Family Partnership Program. The goal of the Nurse-Family Partnership Program is to help first time parents succeed.

Nurse-Family Partnership is a grant funded home visitation program for pregnant students who are having their first baby. The program is free and enrollment is voluntary. A credentialed School Nurse assists students to achieve a healthy pregnancy and a healthy baby, to become a better parent, and build a strong network of support. The Nurse provides resources for health and childcare, job training and other support services available in the District such as referrals to School Mental Health and community based agencies. Students graduate from the program when their child turns two years of age.

VII. Discrimination, Harassment, Intimidation and Bullying Complaints Concerning Students Who are Pregnant or Parenting

The District makes available grievance/complaint procedures in the following policies for anyone who believes the District is violating regulations pertaining

to pregnant/parenting students as set forth in Title IX:

- [BUL-2521.1 Title IX Policy/Complaint Procedures](#);
- [BUL-3349.1 Sexual Harassment Policy \(Student-to-Student, Adult-to-Student, and Student-to-Adult\)](#); and
- [BUL-5159.5 Uniform Complaint Procedures \(UCP\)](#), which describes the filing and investigation/resolution process to be used when alleging the District has practiced unlawful harassment, discrimination, intimidation and/or bullying or failed to comply with state/federal laws governing its educational programs.



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AUTHORITY: This is the policy of the Superintendent of Schools. The following legal standards are applied in this policy:

- [Title IX of the Education Amendments of 1972, 20 U.S.C. §1681, et. seq.](#)
- [Title IX Regulations, Title 34 Code of Regulations, Part 106](#)
- [Title 5, California Code of Regulations §4950](#)
- [California Education Code §200, §201, §220, §221.5, §222, §230, §46010.1, §48200, §48205, §49061, §49602, §51222 and §51241](#)
- [California Family Code §6924 and §6925, California Penal Code §11166](#)

ATTACHMENTS:

- Attachment A (English), “Know Your Rights: Pregnant and Parenting Students” Fact Sheet
- Attachment A-1 (Spanish), “Conoce tus derechos: alumnas embarazadas y alumnos que son padres de familia” Fact Sheet
- Attachment B, Voluntary Educational Programs and Options for Pregnant and Parenting Students in Los Angeles Unified School District
- Attachment C, Community Case Management Programs Serving Pregnant/Parenting Teens

RELATED RESOURCES:

- [Board Resolution “To Enforce the Respectful Treatment of All Persons,”](#)
- [BUL-2521.1, Title IX Policy/Complaint Procedures](#), Office of the General Counsel
- [BUL-3349.1, Sexual Harassment Policy \(Student-to-Student, Adult-to-Student, and Student-to-Adult\)](#), Office of the General Counsel
- [BUL-1229.2](#), Carlson Home Instructional Program/Hospital School
- [BUL-1347.2, Child Abuse and Neglect Reporting Requirements](#), Office of the General Counsel
- [BUL-847, Referral to Community Day Schools](#), Instructional Services
- [BUL-2430.0, Enrollment in Continuation High Schools](#), Instructional Services
- [BUL-5347.1, Intra-District \(school to school\) Permits and Student Transfers in Elementary and Secondary Schools](#), School Operations and Student Health and Human Services
- [BUL-3491.1, Homework and Makeup Assignments in Grades K-12](#), Office of Curriculum, Instruction and School Support
- [BUL-1570.2, Enrollment of Homeless Children and Youth in Schools](#), School Operations and Student Health and Human Services
- [BUL-5159.5, Uniform Complaint Procedures \(UCP\)](#), Office of the General Counsel
- [BUL-5412.2 Guidelines for Students with Disabilities Participating in City of Angels Independent Study Program](#)
- [BUL-4926.2, Attendance Manual: Policy and Procedures for Elementary, Secondary and Option Schools](#), Student Health and Human Services
- Centers for Disease Control and Prevention, Breastfeeding recommendations: Handling and Storage of Human Milk, Academy of Breastfeeding Medicine.



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(2004) Clinical Protocol Number #8 Human

- [REF-6554.0, 2015-2016 Opening Day Procedures: Supplemental Guide and Updates](#)

ASSISTANCE:

For information/assistance, contact the following:

- Carlson Home Hospital School, (818) 509-8759
- Division of Adult and Career Education, (213) 241-3150
- Division of Risk Management & Insurance Services, (213) 241-3139
- Director Integrated Disability Management
riskmanagement@lausd.net (employee lactation related matters)
- Educational Equity Compliance Office, (213) 241-7682
Julie Hall-Panameño, Director/District 504 and Title IX Coordinator
<http://achieve.lausd.net/eeco> (pregnant and parenting students educational rights and Title IX related information)
- Equal Opportunity Section, (213) 241-7684
(employee-to-employee, student-to-employee sexual harassment complaints)
- Office of the General Counsel, Education Legal Services Team, (213) 241-7600
- Student Health and Human Services, (213) 241-3840
- Local Districts – Administrators of Operations/Local District Title IX Designees:

Northeast (818) 252-5400

Northwest (818) 654-3670

East (323) 224-3177

West (310) 914-2102

Central (213) 241-0167

South (310) 354-3515

KNOW YOUR RIGHTS: PREGNANT AND PARENTING STUDENTS

1. As a pregnant student or teen parent you have the same right as any student to continue your education, and the same responsibility to attend school.
2. You have the right to stay at your current school. You cannot be excluded from any school or program for which you qualify. This includes magnet, gifted, special education or any other schools or programs. You also have the right to participate in all school activities that may include: field trips, student council and clubs, afterschool activities, graduation, awards and ceremonies, and all school related programs. You also have the right to participate in physical education and school sports; however, you can arrange to modify or limit your participation if your licensed healthcare provider advises it.
3. You have the right to be treated with respect and protected from discrimination and harassment. All school staff has the responsibility to protect your rights and to assure that both staff and students treat you with respect. School staff members are not allowed to discriminate against you (treat you unfairly) because you are pregnant or are a parent, whether or not you are married. School staff must also take action to protect you against discrimination, harassment, intimidation or bullying by other students.
4. You have a right to have your confidentiality respected. Your health and personal information should be kept confidential, just like that of other students. Information about your pregnancy should not appear in your cumulative or other school records. It cannot be used against you when you apply or are considered for awards, scholarships, or educational and job opportunities. Personal information you share with a nurse, social worker, psychologist or licensed counselor is confidential and should not be shared with other people without your permission. An exception is made to this rule of confidentiality when there is concern that you or your child has been abused or is in danger. In this situation, school staff must make a child abuse report or follow other school district policy.
5. You have a right to request that your school make reasonable accommodations to make sure you can participate in all school programs and activities. These accommodations might include, but are not limited to:
 - Passes for bathroom use as needed
 - Additional time for class changes, nutrition, and lunch
 - School-based independent study when you are absent due to health related issues
 - Class changes to minimize absences due to childbirth and recovery
 - Class changes to permit use of school-based childcare
 - Classes in more accessible locations
 - A reasonable amount of time to accommodate the need to express breast milk or breast-feed an infant child
 - Access to a private and secure room to express breast milk or breast-feed an infant child
 - Permission to bring onto a school campus a breast pump and any other equipment used to express breast milk
 - Access to a power source for a breast pump or any other equipment used to express breast milk
 - Access to a place to store expressed breast milk safely
 - An opportunity to make up work missed due to the use of accommodations

6. Enrollment at McAlister or Riley High Schools, or any other program specially designed for pregnant or parenting students, must be completely voluntary on your part. LAUSD has two alternative schools for pregnant students in grades 6-12, McAlister and Riley High Schools. You can get further information about these schools by talking to your school counselor or nurse or by calling McAlister High School at (213) 381-2823 or Riley High School at (323) 563-6692.

If you make the decision to transfer to one of these specialized schools, work with your school counselor to make sure that your grades or credits are not lost in the process. Also make sure that the new school has the classes that you need or can make an arrangement for you to get them. You have the right to return to your previous school. Make sure you are informed about when and how you can return. This is especially important if you are close to graduation.

7. You have a right to excused absences for illness or medical appointments for yourself or your child. Excused absences also include absences due to childbirth and recovery, miscarriage, or pregnancy termination. You may be asked to provide a note from your licensed healthcare provider if other students with absences are also required to do so. Keep a copy of all notes and documents in case you need them again. As a pregnant student, you also have a right to an extended absence when you have your baby or for a pregnancy-related illness. The length of this absence is decided by your licensed healthcare provider based on your health needs. At the end of the absence, you must be allowed to return to school with the same status you had when you began the absence.
8. You must be allowed to make up work missed during an excused absence. After an extended absence, you must be allowed a reasonable amount of time to make up assignments, missed exams or other work or be provided with a reasonable equivalent of work. Once the work is satisfactorily completed, you must be given full credit. It is best to plan ahead, whenever possible, for absences and making up missed work. Make arrangements with school staff as soon as possible and save all of your papers.
9. Get the information and support you need to stay in school and graduate. Your school counselor, nurse, PSA counselor and other school staff can provide information and support to help you continue your education. They have information about social services, including the Adolescent Family Life (Altamed Youth Services, El Nido Family Centers, Project NATEEN, and Youth and Family Center) and Cal Learn Programs that are designed to assist pregnant and parenting teens.
10. You have a right to get help if you feel you have been treated unfairly due to your pregnancy or parenting status. First, take your concern to an administrator or to the Title IX/Bullying Complaint Manager at your school site. If this does not solve the problem, you can speak with or submit your complaint in writing to the Title IX/Bullying Complaint Manager at your Local District office. You can also call the District's Educational Equity Compliance Office at (213) 241-7682 for further assistance. Your complaint should be handled in a timely manner and your rights and confidentiality should be respected. No one should threaten you because you make a complaint.

CONOCE TUS DERECHOS: ALUMNAS EMBARAZADAS Y ALUMNOS QUE SON PADRES DE FAMILIA

1. Las alumnas embarazadas y los alumnos que son padres de familia tiene los mismos derechos que los demás alumnos de continuar su formación educativa y tienen la misma responsabilidad de asistir a la escuela.
2. Tienes el derecho de permanecer en tu escuela actual. No se te puede excluir de ninguna escuela o programa para el que reúnes los requisitos, lo cual incluye a las escuelas magnet, a las escuelas para los alumnos dotados, a las escuelas de educación especial o a cualquier otra escuela o programa. También tienes el derecho de participar en todas las actividades escolares siguientes: excursiones escolares, consejos y clubs estudiantiles, actividades luego del horario regular de clases, graduación, premios y ceremonias y todos los programas relacionados con la escuela. También tienes el derecho de participar en educación física y deportes escolares, sin embargo, puedes elegir que se modifique o se limite tu participación si la persona titulada que te ofrecer atención médica lo recomienda.
3. Tienes el derecho de que se te trate con respeto y que se proteja de la discriminación, hostigamiento, de la intimidación o el acoso escolar. Todo el personal de la escuela tiene la responsabilidad de proteger tus derechos y de asegurar que tanto el personal como los alumnos te traten con respeto. No se permite que los miembros del personal discriminen en tu contra (te traten injustamente) porque estás embarazada o eres un estudiante que es padre de familia; ya sea que estés o no casada. El personal de la escuela también debe tomar medidas para protegerte en contra de la discriminación, hostigamiento, del acoso escolar o de la intimidación por parte de los otros alumnos.
4. Tienes el derecho de que se respete tu información confidencial . Se debe respetar el hecho de que la información sobre tu salud y tu información personal son confidenciales, al igual que dicha información sobre los demás alumnos. La información sobre tu embarazo no debe figurar en tu expediente académico integral ni en ningún otro registro escolar. Dicha información no se puede usar en tu contra cuando solicitas o se te considera para recibir un premio o una beca o cuando existe una oportunidad educativa o laboral. La información personal que compartes con la enfermera, la trabajador social, el psicólogo o un asesor titulado es confidencial y no se debe compartir con otras personas sin tu permiso. Se hará una excepción con respecto a esta norma de confidencialidad si existe la inquietud de que tu o tu hijo han sido abusados o corren el riesgo de ser abusados. Si fuera así, el personal de la escuela está obligado a presentar un informe sobre el abuso de un niño o a cumplir con las normas del distrito escolar.
5. Tienes el derecho de solicitar que tu escuela haga los cambios razonables que aseguran que puedas participar en todos los programas y las actividades escolares. Los siguientes son las acomodaciones que se pueden hacer, sin embargo no se deben limitar a los mismos:
 - Pases para ir al baño conforme sea necesario
 - Tiempo adicional para ir de una a otra clase, para el refrigerio o el almuerzo
 - Estudios independientes con base en la escuela cuando te ausentas debido a problemas de salud
 - Cambiarte a otra clase para que tengas la menor cantidad de ausencias debido al nacimiento de tu hijo y a la recuperación posterior
 - Cambiarte a otra clase escolar para poder utilizar la guardería del plantel educativo
 - Clases en sitios más accesibles
 - Un tiempo razonable para acomodar la necesidad de sacar la leche materna o amamantar a un niño infantil
 - Acceso a un cuarto privado y seguro para sacar la leche materna o amamantar a un niño infantil
 - Permiso para traer a la escuela, un aparato para sacar la leche materna y cualquier otro equipo que se utilice para sacar la leche materna
 - Acceso a corriente para el aparato de sacar leche materna o cualquier otro equipo que se utilice para sacar la leche materna
 - Acceso a un lugar para guardar la leche materna con seguridad

- Una oportunidad de hacer trabajo perdido durante las acomodaciones
6. La matriculación en la Escuela Preparatoria McAlister o Riley o en cualquier otro programa creado especialmente para las alumnas embarazadas o los alumnos que son padres de familia, es totalmente voluntaria. El LAUSD tiene dos escuelas para las alumnas embarazadas del grado escolar 6 al 12: Las Escuelas Preparatorias McAlister y Riley. Puedes obtener información adicional sobre estas escuelas al hablar con tu asesor académico o con la enfermera o al llamar a la Escuela Preparatoria McAlister al (213) 381-2823 o a la Escuela Preparatoria Riley al (323) 563-6692.

Si tomas la decisión de transferirte a una de estas escuelas especializadas, colabora con tu asesor académico para asegurar que tus calificaciones o créditos académicos no se pierdan en el proceso. Además, asegúrate que la escuela nueva ofrezca las materias que necesitas o de que podrás hacer los arreglos necesarios para cursarlas. Tienes el derecho de regresar a tu escuela anterior. Asegúrate de estar informada acerca de cuándo y cómo puedes regresar. Esto es especialmente importante si estás a punto de graduarte.

7. Tienes derecho de ausentarte con autorización si te enfermas o si tu o tu hijo tienen una cita médica. Las ausencias por el nacimiento de tu hijo, por la recuperación luego de dar a luz, por el aborto natural o por dar por terminado un embarazo también son ausencias justificadas. Es posible que se exija que presentes una nota escrita por la persona titulada que te presta servicios de atención médica si se exige que los demás alumnos también tengan que presentar una nota. Archiva una copia de todas las notas y documentos en caso de que los necesites en un futuro. Dado que eres una alumna embarazada, también tienes el derecho de faltar a la escuela por un plazo prolongado debido al nacimiento de tu hijo o debido a una enfermedad vinculada al embarazo. La persona titulada que te ofrece servicios de atención médica decidirá el tiempo que te ausentarás y dicha ausencia se basará en el problema de salud que padeces. Cuando ya no necesitas ausentarte de la escuela, se permitirá que regreses a la escuela y se te asignará al mismo nivel en el que estabas cuando la ausencia comenzó.
8. Se debe permitir que repongas la tarea con la que no cumpliste al ausentarte con autorización. Luego de ausentarte de la escuela por un largo tiempo, se te debe otorgar una cantidad razonable de tiempo para realizar la tarea que no has completado, los exámenes que no has tomado o la demás tarea, o bien tienes el derecho de que se te provea tarea equivalente razonable. Una vez que cumples con la tarea satisfactoriamente se te deben otorgar la misma calificación que hubieras obtenido si no te hubieras tenido que ausentar. Lo ideal es que planees con anticipación, cuando fuera posible, con respecto a las ausencias y la tarea que no has completado. Haz los arreglos necesarios lo antes posible con el personal de la escuela y guarda toda la tarea escrita.
9. Consigue la información y el apoyo que necesitas para permanecer en la escuela y poder graduarte. Tu asesor académico, la enfermera, el asesor de PSA y el personal de la escuela te pueden proporcionar la información y el apoyo necesario para ayudarte a continuar con tu formación educativa. Ellos tienen información sobre los servicios sociales, incluso sobre la Vida de Familia de los Adolescentes (Altamed Youth Services, El Nido Family Centers, Proyect NATEEN y el Centro para los Jóvenes y las Familias) y los Programas Cal-Learn que se han creado para ayudar a las adolescentes embarazadas y a los alumnos adolescentes que son padres de familia.
10. Tienes el derecho de recibir ayuda si sientes que se te ha tratado injustamente debido a tu embarazo o al hecho de que eres padre de familia. Lo primero que debes hacer es presentarle tu inquietud al administrador del plantel educativo o al Administrador de las Denuncias del Título IX/acoso escolar de tu plantel educativo. Si luego de hacer esto el problema no se soluciona, puede hablar con el Administrador de las Quejas del Título IX/acoso escolar de la Oficina de tu Distrito Escolar Local o presentarle tu queja por escrito. También puedes llamar a la Oficina Encargada de la Equidad Educativa al (213) 241-7682 si deseas más ayuda. Tu queja se debe procesar oportunamente y se debe respetar tu derecho de confidencialidad. Nadie debería amenazarte debido a que presentas una queja.

**Voluntary Educational Programs and Options for Pregnant and Parenting Students in
 Los Angeles Unified School District**

McAlister and Riley High Schools are voluntary school programs serving pregnant and/or parenting students

*These school programs are open year round on continuous enrollment basis for students in grades 6-12.
 Both McAlister and Riley High Schools have multiple sites located throughout the LAUSD attendance areas.
 Contact the schools directly for more information.*

Harold McAlister High School CYESIS (Grades 6-12)

Office Hours: 8:00 a.m. – 4:00 p.m.

Students attend 8:00 a.m.-12:30 p.m.

Administrative Office:

611 S. Carondelet Ave. - Los Angeles, CA 90057
 Phone: (213) 381-2823; Fax: (213) 384-8947

1. McAlister Central

Located on the Plasencia ES Campus
 1321 Cortez Street
 Los Angeles, CA 90026
 (213) 250-2015

2. McAlister Chatsworth

Located on the Chatsworth High School Campus
 10027 Lurline Avenue
 Chatsworth, CA 91311
 (818) 678-2808

3. McAlister San Fernando

Located on the San Fernando High School Campus
 11011 O'Melveny Avenue
 San Fernando, CA 91340
 (818) 365-0731

4. McAlister Southwest

4525 Pinafore Street
 Los Angeles, CA 90008
 (323) 293-5992

Thomas Riley High School CYESIS (Grades 6-12)

Administrative Office:

Office Hours: 8:00 a.m. – 4:00 p.m.

Students attend 8:00 a.m.-1:00 p.m.

1524 East 103rd Street- Los Angeles, CA 90002
 Phone: (323) 563-6692; Fax: (323) 566-6379

1. Riley Blanding

1524 East 103rd Street
 Los Angeles, CA 90002

2. Riley East

Located across from Wilson High School
 4555 Multnomah Street
 Los Angeles, CA 90032

3. Riley Gardena

Located on 186th Street Elementary School
 Campus
 1618 West 184th Street
 Gardena, CA 90248

Ramona Alternative High School Community Day School (Grades 7-12)

**An all girls' opportunity/community day school with
 Cal-SAFE Teen Parent Support/Infant Center on site**

(Early Childhood Education Division)

231 S. Alma Ave, Los Angeles, CA 90063

Office Hours: 7:30 a.m.-4:00 p.m. Student Hours: 7:55 a.m.-2:50 p.m.

Phone: (323) 266-7600; Fax: (323) 415-8077

Pregnant and parenting (female and male) students have the same right to an education as other students and the same responsibility to attend school. They have the right to stay in or return to their current school and cannot be excluded from any school program for which they qualify. Specialized programs serving pregnant/parenting students are available to those students as a voluntary option.

CHILDCARE**Children's Collective**

Referrals come from schools in the South Los Angeles area.

They provide infant, toddler, and preschool childcare services.

(323) 789-4717

Locke Infant Center: Cal-SAFE

310 E. 111th Street, Los Angeles, CA 90061

Phone: 323-755-0102

Infant/Toddler Early Education Center

Referrals mainly come from Locke HS and Thomas Riley HS Blanding location.

Capacity: 16

Ramona Infant Center: Cal-SAFE

231 S. Alma Ave. Los Angeles, CA 90063

Phone: 323-266-7650

Early Childhood Education Division

Referrals come from the students attending Ramona HS

Opportunity CDS.

Capacity: 16

Cleveland Infant Center: Early Education Center

19031 W. Strathern Street, Reseda, CA 91335

(818) 885-3677

Infant/Toddler Early Education Center

Referrals come from Cleveland HS, John Wooden HS Van Nuys HS,

Canoga Park HS and McAlister/Chatsworth Location.

Capacity: 18

McAlister Southwest Campus: Children's Collective

4525 Pinafore Street, Los Angeles, CA 90008

Phone: 323-293-5992

Referrals come from the surrounding community.

Capacity: 25

San Fernando High School: YMCA

Referrals come from students attending San Fernando HS,

Mission Continuation HS and

McAllister/San Fernando location.

Capacity: 6

OTHER EDUCATIONAL OPTIONS AND RESOURCES

- Contact **Educational Options Program** at (213) 241-3759 for additional alternative education programs that may assist students who work or have limited childcare, are missing school credits, or are returning to school after dropping out.
- Contact **City of Angels School** at (323) 415-8350, <http://www.cityofangelschool.org/> for District Independent Study Programs/locations, the **City of Angels Virtual Academy Program (COAVA)** and locations.
- Other District sites may have support groups, case management programs, and other resources or referral services to assist teen parents (male and female) and pregnant students. Check with school nurses, Pupil Service and Attendance (PSA) counselors, school counselors, Wellness Centers, Healthy Start, School-Based Clinic staff, Dropout Prevention Coordinators and other support staff for additional information.
- Contact **Alternative Education and Work Center (AEWC) Program** at (213) 241-3154 for information about their dropout recovery program for high school students. These programs are primarily located on District Community Adult School, Occupational Center and Skills Center campuses. Community Adult School campuses may offer an alternative for older students who are working or have limited childcare. Contact (213) 241-3150 or (213) 241-3170 for **Division of Adult and Career Education (DACE) Programs**, <http://achieve.lausd.net/Page/503>.
- Community child care resources and referral services may be obtained by calling **Child Care Connection** at (800) 543-7793.

For information regarding specialized programs, supports and referrals for pregnant/parenting students, contact:

- Pupil Services at (213) 241-3844, <http://achieve.lausd.net/Page/1143>
- Nursing Services at (213) 202-7580, <http://achieve.lausd.net/Page/1725>

For assistance with discrimination, harassment, intimidation and/or bullying concerns of pregnant/parenting students, contact Educational Equity Compliance Office at (213) 241-7682, <http://achieve.lausd.net/eeco>.

COMMUNITY CASE MANAGEMENT PROGRAMS SERVING PREGNANT/PARENTING TEENS**ADOLESCENT FAMILY LIFE PROGRAM (AFLP) AND CAL-LEARN PROGRAM**

The Adolescent Family Life Program (AFLP) (administered by the California Department of Health Services) and the Cal-Learn Program (administered by the California Department of Public Social Services) provide case management, support services, and health/social services referrals to pregnant and parenting teens. Eligible teens are assigned by zip code to the agency serving their area. Three AFLP/Cal-Learn provider agencies serve the LAUSD school area including: Altamed Youth Services, El Nido Family Centers, and Project NATEEN. A fourth AFLP, sponsored by Foothill Family Service, covers Pasadena and the San Gabriel/Pomona Valley areas. Both the Adolescent Family Life and Cal-Learn Programs support the school participation and educational success of pregnant and parenting teens.

The Adolescent Family Life Program

The AFLP is a free voluntary program that serves teen parents and pregnant teens, including undocumented youth and youth in foster care. Many AFLP have support groups and/or services specially designed to assist teen fathers. Program goals include the birth of healthy full-term babies, enhancing parenting skills, facilitating parent/family relationships, assessing living situations, providing referrals to health and social services, and the prevention of future early-age pregnancies. <http://www.cdph.ca.gov/programs/AFLP/Pages/default.aspx>

The Cal-Learn Program Serving Teens in Families Receiving or Eligible for Public Assistance

The same agencies listed above provide Cal-Learn Program services for teens that are pregnant or parenting and are eligible for public assistance. The Cal-Learn Program is mandatory for eligible teens and includes all of the case management, support and referral services provided by the AFLP. In addition, Cal-Learn provides financial assistance with childcare costs, ancillary school-related costs such as books and transportation, and financial bonuses or sanctions tied to school attendance and progress. <https://dpss.lacounty.gov/dpss/calworks/callearn.cfm>

Agency Contact Numbers for Additional Information:

Altamed Youth Services (East Los Angeles): (323) 307-0160
Altamed Youth Services (Long Beach): (310) 632-0415
El Nido Family Centers (Central/South Los Angeles): (323) 971-7360
El Nido Family Centers (Inglewood): (323) 971-7360
El Nido Family Centers (Valley/Pacoima): (818) 896-7776 or (Panorama City): (818) 781-8120
Project NATEEN (Hollywood): (323) 669-5981
Foothill Family Service (Pasadena): (626) 564-1613

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**LOS ANGELES UNIFIED SCHOOL DISTRICT (LAUSD)
&
COUNTY OF LOS ANGELES DEPARTMENT OF HEALTH SERVICES
NURSE FAMILY PARTNERSHIP PROGRAMS**

The Los Angeles Unified School District and the County of Los Angeles Department of Health Services have the same program that provides assistance to pregnant teenagers and their babies. Both programs are free to residents of Los Angeles County, and the programs are voluntary and confidential.

The Nurse Family Partnership Program is a nurse home visitation program for first-time mothers from first trimester of pregnancy until the baby is 2 years of age. Nurse Family Partnership is a comprehensive program that improves pregnancy outcomes, child health and development, and the families' self-sufficiency. Public Health Nurses provide education, support, and linkage to services in the community during home visits that are on a biweekly, weekly, or monthly basis. The visits are in the home or a place that is agreeable to both the nurse and client. Services continue until the child is two years of age. The undocumented status of any client is not a problem nor do using pregnancy services affect the client's citizenship status.

- For more information or if you have questions regarding the LAUSD Nurse Family Partnership Program, please contact Nursing Services at (213) 202-7580; <http://achieve.lausd.net/Page/3765>
- For more information on the County of Los Angeles Department of Health Services Nurse Family Partnership Program, please call (213) 639-6449; [http://www.nursefamilypartnership.org/locations/California/NFP-Los-Angeles-\(2\)](http://www.nursefamilypartnership.org/locations/California/NFP-Los-Angeles-(2))

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