



Farm-to-School Fresh Produce Every Wednesday At Lunch!

These farm-fresh fruits and vegetables from local farmers are ripe and ready to eat.
Deeee-licious!

SPAGHETTI SQUASH

Pasta grown on a vine! Yes, it is possible to grow pasta on a vine. Spaghetti squash is the most interesting food ever! On the inside it looks similar to what you'd see in a pumpkin - stringy pulp and seeds. But when cooked, the flesh separates into strands that look like spaghetti!



With a little garlic and marinara sauce, this makes a delicious vegetable. Be adventurous and try this very unique farm-fresh food. Then you can tell everyone you ate pasta grown on a vine!

