



POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS/RESTORATIVE PRACTICES

WE ARE SAFE, RESPECTFUL, RESPONSIBLE, RESILIENT, & RESTORATIVE

Seven Core Virtual Circle Guidelines

Circles work best when guidelines are followed. The same seven core virtual guidelines need to be used and reviewed every time you meet in circle with your students. The more they are used, the more your students will come to understand and appreciate how they support the time spent together in the circle.

The core virtual guidelines can be viewed by your students by sharing your screen or using the core guidelines as your virtual background.

Respect the Virtual Talking Piece

Establish how your students will share while honoring one voice; one speaker at a time. (e.g., alphabetical order, person to your left/right/bottom/top of your screen, pick a friend, etc.).



Speak from Your Heart

This means speaking for yourself, talking about what is true for you based on your own experiences. When we speak from the heart we are aiming for eloquence, for choosing words that accurately communicate what we hold to be important.



Listen with Your Heart

We are accustomed to judging other people, often without even knowing anything about them. These assumptions can keep us from really hearing what they have to say and what they have to say may be something important and/or helpful. Therefore, when we listen from the heart, we are trying to set aside any assumptions and/or judgments we may hold about the person. This opens up the possibility of making wonderful discoveries about each other.



Speak with Respect

This means to be mindful of the words that one uses when sharing their thoughts. Hurtful words should never be used. It best to use affective statements ("I" statements) when speaking one's truths.



Listen with Respect

This means to listen to what is being said, without judgement. This also means to make sure that one's body reflects being respectful.



Remain in the Circle

This means to be physically and mentally present when being in circle. It is important to bring our attention back to circle when our mind wanders.



Honor Privacy

It is important to remind the participants that things shared in the circle should remain in the circle. Do however, disclose that you are a mandated reporter and will report suspicions of child abuse or neglect.

