

## 2023 America's Healthiest Schools Recognition

March 19, 2024 Committee of the Whole Meeting

# SHHS: Wellness Programs



#### **Priorities**

- Welcoming Learning Environments: Design and sustain welcoming, safe, environmentally friendly, affirming, and inclusive learning environments
- Whole-Child Well-Being: Promote whole-child well-being through integrated health, nutrition, and wellness services
  - Strong Social-Emotional Skills: Cultivate and model strong social-emotional skills
  - Outstanding Attendance: Ensure outstanding attendance to support consistent in-class learning

## SHHS: Wellness Programs

LAUSD

- Annually Wellness Program staff support schools with the implementation of the <u>Blueprint for Wellness Policy</u>, which addresses student wellness at every school. Under the Policy, eight areas govern student wellness.
- The Blueprint assists schools and the District in implementing a comprehensive wellness plan for students, families, and staff.



## SHHS: Wellness Programs and America's Healthiest Schools Awards



- America's Healthiest Schools is one of the country's longest-running national recognition programs that honors schools for achievements in supporting the whole-health needs of students, parents, and staff.
- Schools submit an application for recognition in at least one of the following areas:
  - Supporting Health Services
  - Implementing Local School Wellness Policy
  - Improving School Nutrition and Food Access
  - Bolstering Physical Education & Activity
  - Strengthening Social-Emotional Health & Learning
  - Enriching Health Education
  - Promoting Tobacco-Free Schools
  - Cultivating Staff Well-Being
  - Increasing Family & Community Engagement
- Kaiser Permanente has provided Los Angeles Unified staff with well-being incentives to encourage participation and support the health of students.

#### Kaiser



- Since 2014, LA Unified has partnered with Kaiser Permanente and the Alliance for a Healthier Generation in providing support to more than 120 schools.
- For over 20 years Kaiser Permanente has donated grants and sponsorships to support community-based organizations working in LAUSD, helping to improve the health and wellbeing of students, families, and staff.
- In 2023, 9 LAUSD schools, including one independent charter school, were awarded a Healthiest School Award in one or more topic areas, including one 'All-Star' school that achieved the outstanding distinction of recognition in all nine wellness areas.

#### **Audubon Middle School**



- Supporting Health Services
- Implementing Local School Wellness Policy





## Columbus Avenue Elementary School



#### **Principal Jodi Harrison**

- Improving School Nutrition and Food Access
- Increasing Family & Community Engagement



# **Euclid Avenue Elementary School**

#### **Principal Josie Flores**

#### Recognized for:

o Increasing Family & Community Engagement





### Farmdale Elementary School



- Implementing Local School Wellness Policy
- Increasing Family & Community Engagement





## Judith Baca Arts Academy



#### Recognized for:

o Increasing Family & Community Engagement









#### **Principal Sharyn Clark**

- Bolstering Physical Education & Activity
- o Strengthening Social-Emotional Health & Learning



### New Heights Charter School



#### **Principal Amy Berfield**



- Strengthening Social-Emotional Health & Learning
- o Increasing Family & Community Engagement



### Santana Arts Academy

#### **Principal Barbara Avila**

#### Recognized for:

Improving School Nutrition and Food Access



## Crestwood Steam Magnet School



#### **Principal Tracy Newallis**

- Supporting Health Services
- Implementing Local School Wellness Policy
- Improving School Nutrition and Food Access
- Bolstering Physical Education & Activity
- o Strengthening Social-Emotional Health & Learning
- Enriching Health Education
- Promoting Tobacco-Free Schools
- Cultivating Staff Well-Being
- Increasing Family & Community Engagement



# SHHS: Wellness Programs



Two informational sessions will be held on March 21st at 9am and 3pm for schools to apply for 2024 America's Healthiest School Award.



bit.ly/AmericasHealthiestSchoolsIntro



## Thank You!