

**BOARD OF EDUCATION OF THE CITY OF LOS ANGELES
GOVERNING BOARD OF THE LOS ANGELES UNIFIED SCHOOL DISTRICT**

INNOVATION COMMITTEE
4:00 p.m., Thursday, April 20, 2023

333 South Beaudry Avenue, Board Room, Los Angeles, CA 90017

Committee Members

Ms. Tanya Ortiz Franklin, Chairperson
Mr. Nick Melvoin, Board Member
Dr. Rocio Rivas

Board Secretariat Contact

Ebony Wilson
Tel: (213) 241-7002
Email: ebony.wilson@lausd.net

Method for Accessing the Meeting and Providing Public Comment

There are three ways members of the public may access this Committee Meeting: (1) online ([Granicus stream](#) or join the [zoom webinar](#)), (2) by telephone by calling 888-475-4499 (Toll Free) and entering the Meeting ID: **827 5302 9224**, or (3) in person. Please note that due to the continued public health risks associated with COVID-19, the Board Room will be operating at reduced capacity.

The Board of Education encourages public comment on the items on this agenda and all other items related to the District. Any individual wishing to address the Board must register to speak using the Speaker Sign Up website: <https://boardmeeting.lausd.net/speakers>, and indicate whether comments will be provided over the phone or in person. Registration will open 24 hours before the meeting. A maximum of 15 speakers may sign up for general Public Comment. Each speaker will be allowed a single opportunity to provide comments to the Committee.

Speakers who do not register online to provide comments may use the following alternative methods to provide comments to Board Members:

- Email all Board Members at boardmembers@lausd.net;
- Mail comments via US Mail to 333 S. Beaudry Ave., Los Angeles, CA 90017; and
- Leave a voicemail message at (213) 443-4472, or fax (213) 241-8953. Communications received by 5 p.m. the day before the meeting will be distributed to all Board Members.

Speakers registered to provide public comments over the phone need to follow these instructions:

1. Call 888-475-4499 (Toll Free) and enter Meeting ID: **827 5302 9224** at the beginning of the meeting.
2. Press #, and then # again when prompted for the Participant ID.
3. Remain on hold until it is your turn to speak.
4. Call in from the same phone number entered on the Speaker Sign Up website. If you call in from a private or blocked phone number, we will be unable to identify you.
5. When you receive the signal that your phone has been removed from hold and/or unmuted, please press *6 (Star 6) to be brought into the meeting.

Please contact the Board Secretariat at 213-241-7002 if you have any questions.

AGENDA

Multi-Tiered Approach to Drug Use Prevention

I. Welcome and Opening Remarks.....Tanya Ortiz Franklin
Chairperson

II. Committee Presentations

1. Landscape of Drug Prevention and Education in LA Unified..... Pia Escudero
Executive Director, Student Health and Human Services

Timothy Kordic
Project Adviser, Health Education Programs

2. Promising Practices: Carson Senior High – Academy of Medical Arts.....Aracely Martinez
Principal

Suzanne Bello
Psychiatric Social Worker

Ares Ordanez
Student

Angela Enciso
Student

3. Community-Based Approach to Prevention.....Albert Melena
Executive Director, San Fernando Valley Partnership

III. Closing Remarks Tanya Ortiz Franklin
Chairperson

IV. Public Comment

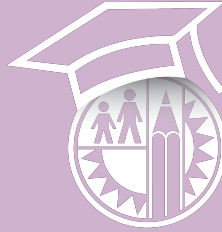
V. Adjournment

Requests for disability related modifications or accommodations shall be made 24 hours prior to the meeting to the Board Secretariat by calling (213) 241-7002.

Materials related to an item on this agenda distributed to the Board of Education are available for public inspection at the Security Desk on the first floor of the Administrative Headquarters, and at:

<https://achieve.lausd.net/boe#calendar73805/20230420/event/65323>

OPENING REMARKS



**TANYA ORTIZ
FRANKLIN
BOARD DISTRICT 7**

Multi-Tiered Approach to Drug Use Prevention

Innovation Committee

April 20, 2023

Innovation Committee



The Innovation Committee aims to understand and uplift innovative solutions that address some of the District's most persistent challenges.

Presenters are invited based on data-driven decisions that have resulted in observable, promising practices that can be replicated or scaled.

Innovation Committee

9/22 – Becoming an Employer of Choice

10/22 – Black Student Achievement

3/23 – Differentiated School Types to Address
Unique Student Need



achieve.lausd.net/bd7



bd7@lausd.net



(213) 241-6385



lausdbd7

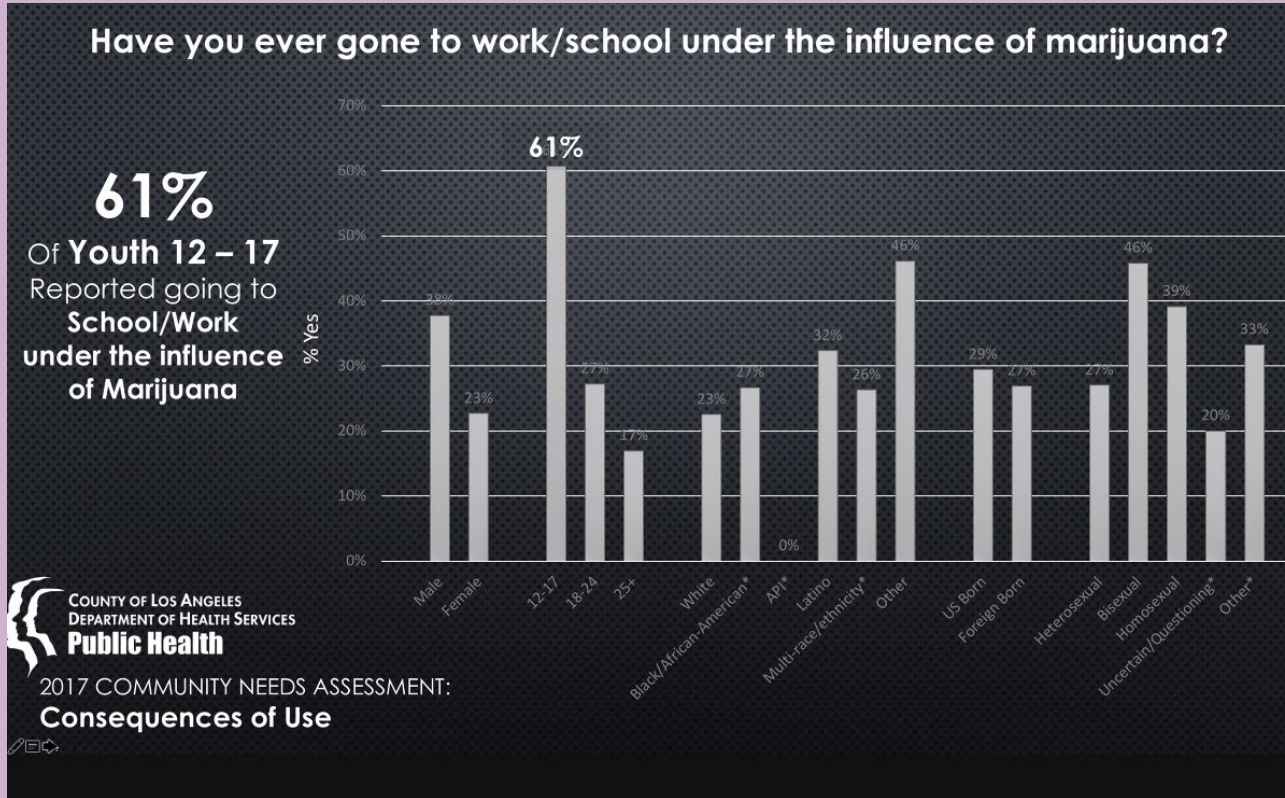


Today's Objective:



**Examine and elevate strategies that
encompass a multi-tiered approach to
drug use prevention**

What challenges are we seeing?

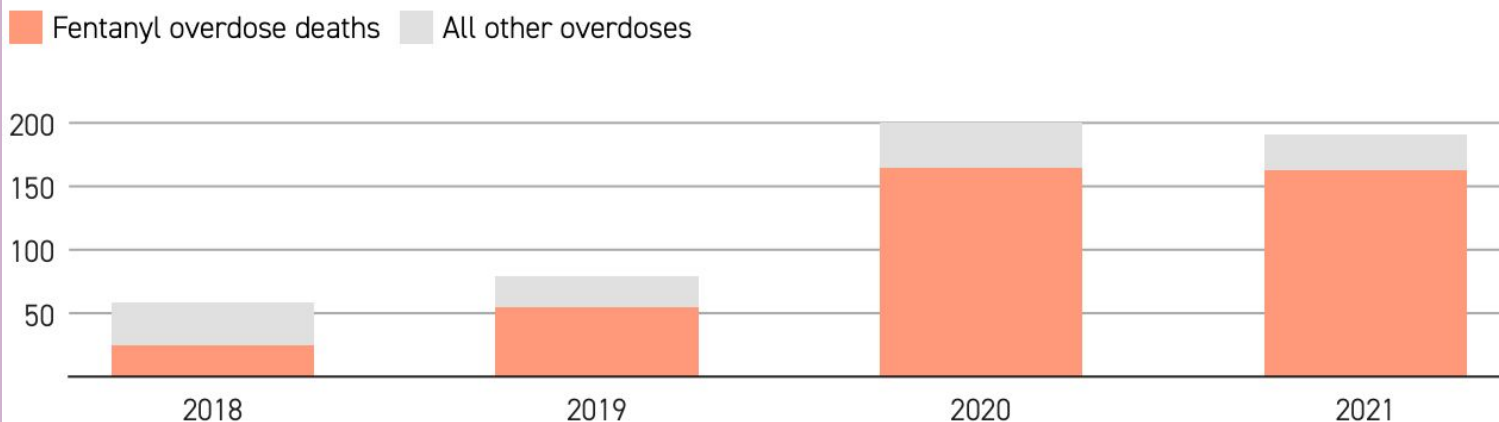


What challenges are we seeing?



Fentanyl has driven an increase in youth overdose deaths in California

Overdose deaths among Californians ages 12-18, by drug

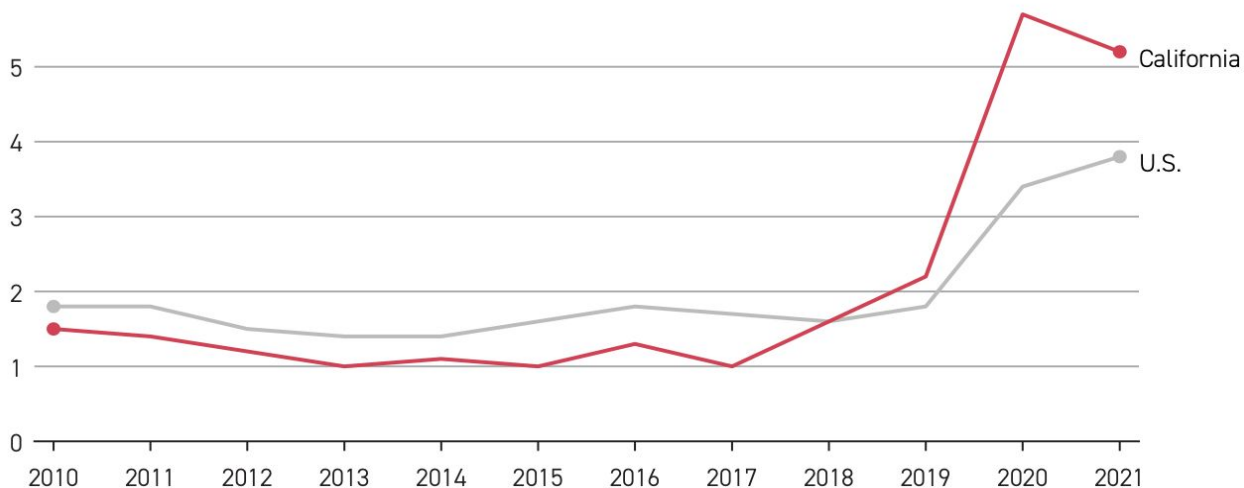


What challenges are we seeing?



Children die more frequently from overdoses in California compared to the U.S. overall

Overdose deaths per 100,000 children ages 12-18



What have we done locally?



- **The Los Angeles County Department of Public Health (LACDPH) provided doses of naloxone (Narcan) at no cost to the District**
- **Narcan is available at every K-12 School**
- **LAUSD and LACDPH are co-developed training and education materials for communities and staff**

How has the District been responding?



- **Implementing a safety task force and Family Academy programming**
- **Partnering with organizations, like the Health Information Project (HIP), which provides training to high school juniors and seniors to teach health education using a peer-to-peer model.**
- **Training staff to administer naloxone**

Check in Question



What did drug or health education look like for you as a student? How have things changed since then?

TAB 1



Substance Use Intervention and Prevention in LAUSD

Overview of Multi-tiered Support

LAUSD Board of Education
Innovations Committee – April 20, 2023



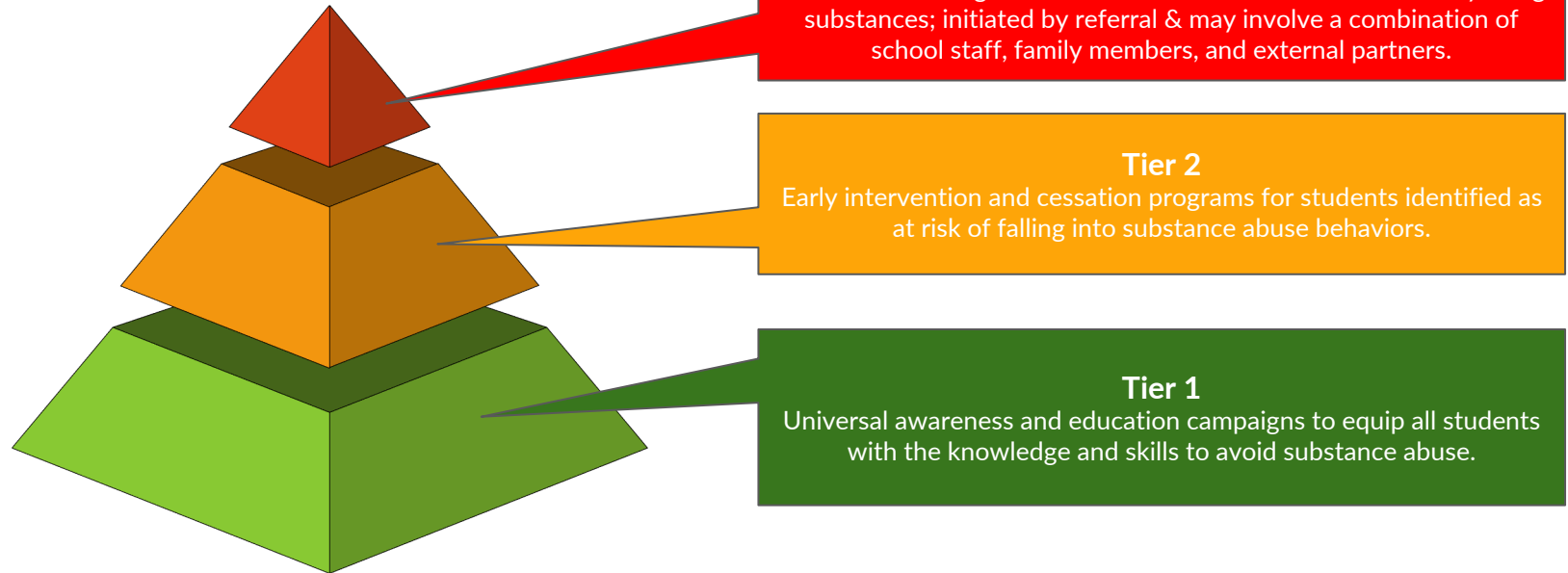
Root Causes for Drug Use and Sales*

- 1. The Need to Fit In**
- 2. Performance Pressure**
- 3. Emotional / Psychological Pain**
- 4. Adverse Childhood Experiences**

*Monitoring tools include the California Healthy Kids Survey and Youth Risk Behavior Survey

Multi-tiered System of Support

Substance Use Intervention and Prevention





Health Education & Prevention Education

Health Education Textbooks (NEW! K-12)

Health Ed Standards and CA Education Code. Medically accurate curriculum that is developmentally appropriate, culturally responsive, and inclusive.

Prevention Education (Recently Updated with Trending Behaviors)

Evidence-Based Interventions (EBI) are programs that have been rigorously evaluated for skills-based instruction and behavior change

Grade K to 6: Too Good For Drugs, Mendez Foundation

Grade 7 and 8: Project ALERT, Conrad Foundation

Grade 9: Project Toward No Drug Abuse, USC Keck School of Medicine

Student Campaign (secondary): Project U Los Angeles, Red Ribbon Week

Reference: [BUL-3277.2](#)



Higher Tier Support Examples

1. Referral Networks

105 Referrals for Substance Use

Students referred by peers, teachers, others to check in with a counselor or staff member to engage in early prevention strategies.

2. School-Based Psychiatric Social Workers

Refer student to individual counseling as needed to identify and treat root causes for substance abuse.

1,316 Served for Substance Use

3. Intervention and/or Cessation Programs

Refer to LAUSD treatment/wellness centers, Beyond the Bell, and external partners as appropriate to support student recovery and restore pathway to learning.

3,397 Served by LAUSD Wellness Centers*; 341 served by external partners

**Unique count of students served for any need – including substance use – for 2022-23 as of 3/31*



Messaging Discipline Policies

Student Discipline and Expulsion Support (SDES) assists students who are recommended for formal discipline by providing individual case management and support. Student awareness of policies promoted by:

- 1. Reviewing Policies with Students**

Orientation assemblies; advisory periods

- 2. Sharing Code of Conduct**

Listed in student planners; posted in classrooms and offices; reviewed with parents at local committee meetings, Coffee with the Principal, etc.

- 3. Individual Conferences**

Disciplinary measures reviewed during conferences with students and families at appropriate stages.

Additional Innovative Approaches



Substance Use Awareness + Resilience Building (SUA+RB)

A four-part series for parents/caregivers via the [Family Academy](#)

Session 1: Substance use awareness

Session 2: Why do kids use drugs and alcohol?

Session 3: How to talk to your child about drugs and alcohol?

Session 4: Building resilience in our children

3,625 parents/caretakers participated

Make a Choice Campaign

330 educators from 176 schools trained

Weekly lesson plans to help youth recognize the power of healthy & informed choices – Special modules

Wellbeing Centers

3,036 Served*

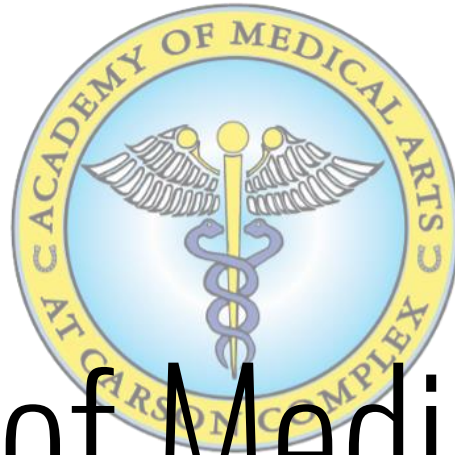
Staffed by County employees, provide specific health services, promotion and awareness of substance abuse and advisory at **29** locations.

**Unique count of students served for any need – including substance use – for 2022-23 as of 3/31*



Thank You
Please let us know if you have questions.

TAB 2



Academy of Medical Arts at Carson Complex

Principal Martinez

LAUSD
UNIFIED





ABOUT AMA!

- Pilot School
- Enrollment: 461
- Demographics:
 - 32.32% Filipino
 - 10.63% Asian
 - 40.56% Latino
 - 9.54% African American
 - 6.93% Other ethnicities
 - 24 ELs
 - 174 GATE
 - 56 SPED

What makes us special?

- Diverse population
- Involved student body in clubs, sports, and extracurricular activities
- Many students are interested in the medical field





STUDENT INVOLVEMENT



CALIFORNIA HOSA

State Leadership
Conference

2023







LA Puente Main St 10k

Then we ran 6.2 miles in La Puente.



Hansen Dam Friendship Run

18.6 miles at the Dam.

The last race before the LA Marathon.



AMA Solutions to Prevent Drug Use & Sales



Presentations

Opioid Awareness speakers from Drug Awareness Foundation

Classroom Student Presentations

Monitoring Restrooms

Throughout the day

Campus Aides

Partnership with Wellness Center

Asian American Drug Abuse Program (AADAP)



What can the district do?

- Fund mental health awareness for student activities, speakers, print media, incentives for students, art supplies for workshops
- Full time PSW
- Provide opportunities for student leaders to attend mental health conferences
- Reduce time to approve MOUs



Peer Wellness Advocates

- Providing Education and Promoting Mental Health & Wellness
- Advocating for Peers and Improving Campus & Community Well-Being
- Peer-to-Peer Support
- Identifying Areas of Interest for Education through Needs Assessments/Surveys



Mental Health Promotion

- Teach Peers about Mental Health Risk Factors
- Increase Awareness about Mental Health, Resources, & Self Care
- Teach Symptoms of; Depression, Anxiety, Stress
- Insecurities, Academic Validation, Procrastination, and Fear of Seeking Help
- Developed a Social Media Campaign to increase Student Engagement
- Daily Posts, School Activities, and Class Presentations/Workshops



South Bay 
Family Health Care
part of Venice  Family Clinic

Lunch Time & Classroom Activities

Games



Positivity Bracelets

Touchstones



Denim Day



Follow us on Instagram @heal_through_it



heal_through_it

170
Posts

126
Followers

12
Following

Heal Through It | Mental Health Promotion
Advocating Students about their Mental Health
"Mental Health IS Health"
For further resources visit:
linktr.ee/healththroughitmhp

Follow

Message



Quote of the Day

Monday

Information

Sunday

Saturday

Today's Qu...

Monday

Information

Sunday

Saturday

Grid icon

Camera icon

MYTH MONDAY
CONFIDENT PEOPLE ARE BORN CONFIDENT AND ARE NEVER INSECURE.
THE TRUTH IS... Confidence is not something anyone is born with. Self-confidence grows as you persevere through hardship. The confident people you see have had to push themselves through stressful situations to develop their confidence, which you can do too. Even if it does not look like it, confident people feel insecure too. It is a normal part of life to have doubts, but it does not have to stop you from being confident in yourself and your abilities.
Source: The Muse

How Insecurities Impact Students' Mental Health
Insecurities are related to insecurities on the part of others, such as our family, friends, and peers. And external insecurities that may be legitimate or perceived insecurities develop when we compare ourselves to others and feel less than. They occur when our experience is different from being different from others in a perceived negative way or when we feel we do not measure up to others' standards.
Inscurities feed mental health issues like depression, low self-esteem, and anxiety.
Source: The Light Program

Mental Health Condition: DEPRESSION
Overview Depression is a common mental health condition that affects millions of people. It is a persistent feeling of sadness and loss of interest in life. It can affect your mood, thoughts, and behavior. It is not just a bad mood; it is a serious condition that can affect your ability to function in daily life.
Treatment There are many treatments available for depression, including therapy, medication, and a combination of both. It is important to seek help from a professional to determine the best treatment for you.
Support Having a support system is crucial for managing depression. This can include family, friends, or a support group. Talking to someone who understands what you are going through can be very helpful.
Source: National Alliance on Mental Illness (NAMI)

Heal Through it | Mental Health Promotion
COPING SKILLS
Art Therapy
Art, such as drawing, painting, and writing, can be a powerful tool for managing stress and anxiety. It allows you to express your feelings and thoughts in a creative way. Art therapy can help you develop coping skills and improve your mental health.
Source: The Light Program

Self-Care Saturday
Relaxing Homemade Skincare Masks
Skincare masks help improve your skin's appearance by bringing moisture and vitamin-rich ingredients to your skin. Skincare masks can be store-bought or made with foods at home such as avocado, oatmeal, yogurt, honey, and turmeric. It is important to use them regularly to keep your skin healthy and glowing.
Source: The Light Program

Mental Health Condition: BORDERLINE PERSONALITY DISORDER
Overview Borderline personality disorder (BPD) is a mental health condition characterized by intense emotions, unstable relationships, and a fear of abandonment. It can affect your ability to function in daily life.
Treatment There are many treatments available for BPD, including therapy, medication, and a combination of both. It is important to seek help from a professional to determine the best treatment for you.
Source: National Alliance on Mental Illness (NAMI)



Mental Health & Wellness



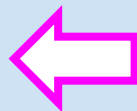
SCAN ME



Book
Session
Click Here



SCAN ME



Access this
Document &
Resource Links
here:

Book a Session Scan QR Code

Monday, Wednesday, Friday Only (AMA)

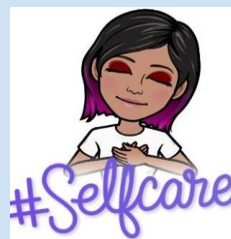
Mondays, Tuesdays, & Thursdays Only (AEE)

YouTube STUDENT WELLNESS Playlist

- Student Wellness YouTube Playlist- Carson

Resources: Student, Family, Community

- LAUSD Family Resource Guide Link
- 211 LA Resources



Mrs. Bello, LCSW, PSW

Psychiatric Social Worker RM H30

suzanne.cheatham@lausd.net

Call Los Angeles Unified's Student & Family Wellness Hotline

Consultations, Support & Referrals



Need help?

Call (213) 241-3840
Weekdays 8 am to 5 pm

For support with:
Mental Health
Immunizations
Health Insurance
Food and Housing
Enrollment
And more

**Lausd Crisis
Line**



(213) 241-3840



Resources Here



SCAN ME

***In the event of an emergency, please dial 911.**



Mental Health Awareness

Ares Ordanez and Angela Enciso.



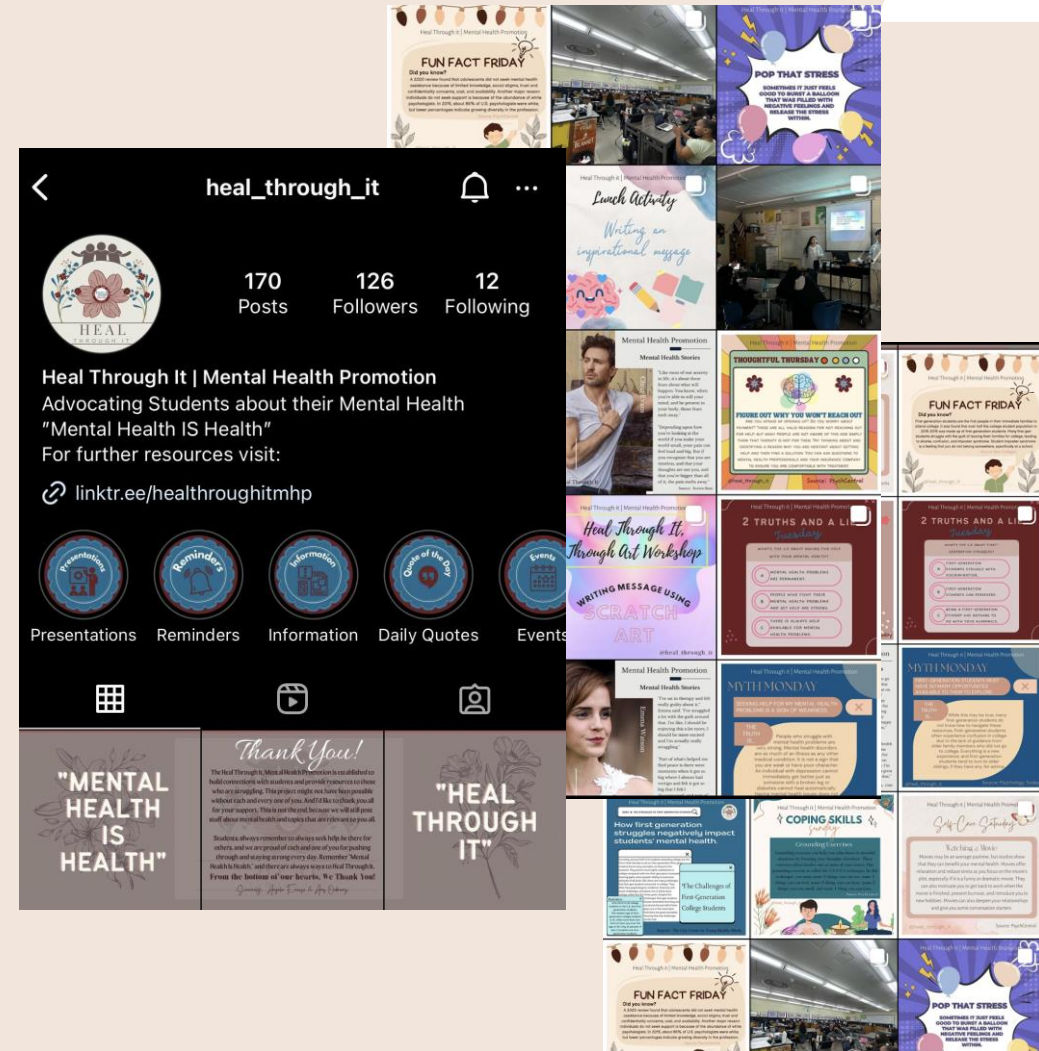
HEAL THROUGH IT, MENTAL HEALTH PROMOTION

“Students’
lack of
awareness
about their
mental
health and
how this
impacts
their lives”

Daily Posts

School Activities

Classroom
Presentations





Advocating students about their Mental Health with a focus on the following subtopics..



Procrastination

Fear of seeking help

School Workload

Cell Phone Usage

Substance Misuse

Insecurities

Loneliness

Academic Pressure

First Generation Struggles

Social Media

Relationship

Family Problems

Family Problems

Friendship Problems



Heal Through It Missions

01

*Inform students
about mental health
issues*

02

*Encourage healthy
mental health
practices*

03

*Target specific issues
impacting out
student population*

04

Spread Awareness


05

Provide Resources


05

Decrease Stigma





1 topic = 1 week
One feed and story post



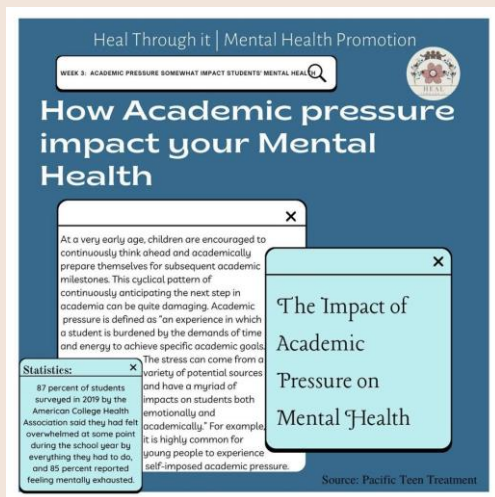
Started posting on December 20,2022

170
Posts

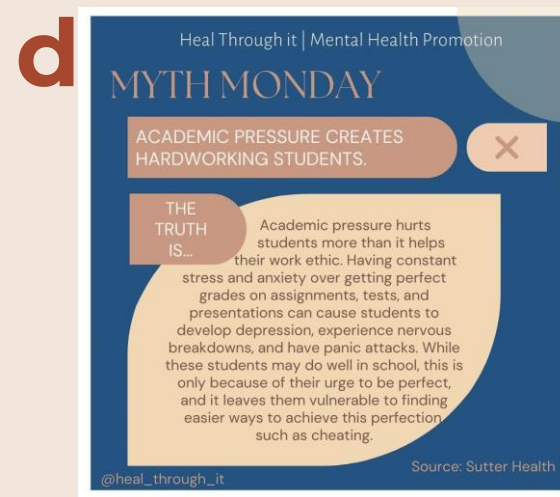
126
Followers



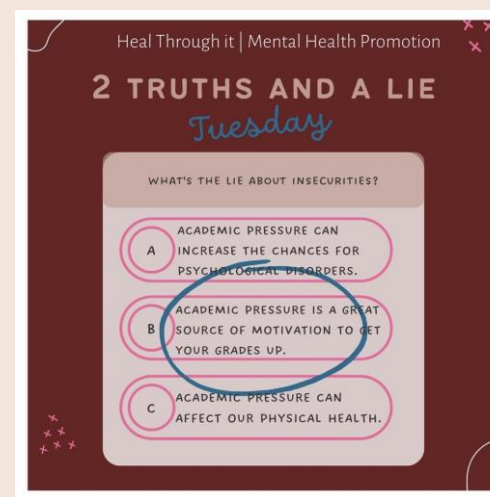
Unique post for each



Intro Post



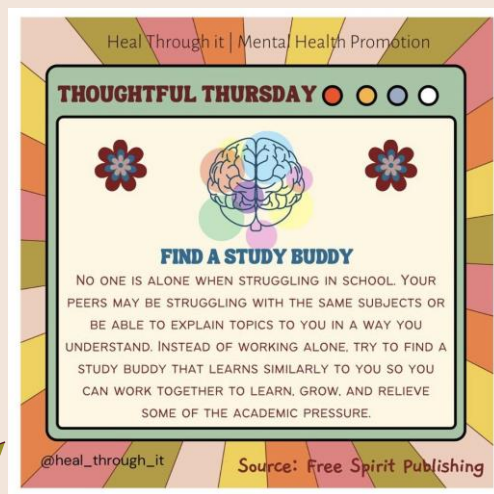
Myth Monday



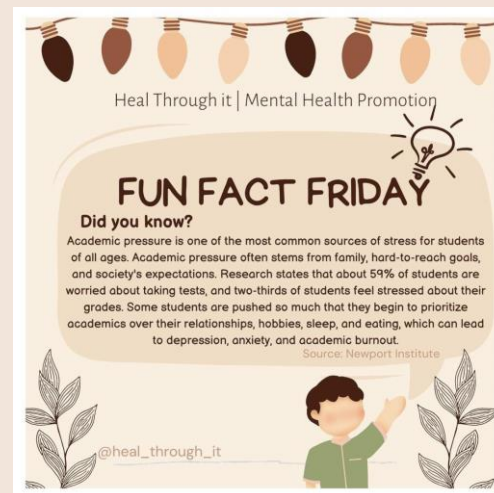
2 Truths and a lie



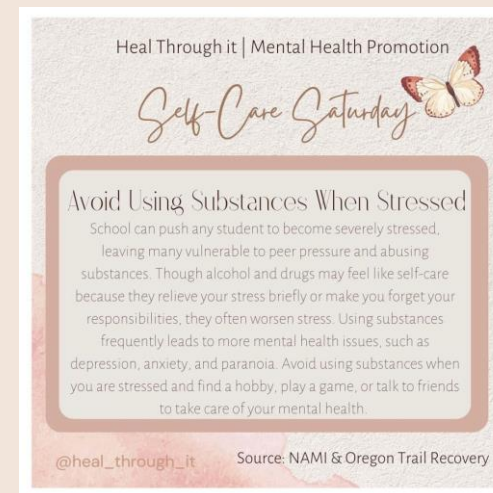
Wellness Tip Wednesday



Thoughtful Thursday



Fun Fact Friday



Self-Care Saturday



Coping Skills Sunday

Story posts..

Mental Health Conditions



Helpful Resources

Quote of the Day

Heal Through it | Mental Health Promotion

Mental Health Condition DISSOCIATIVE DISORDERS

Dissociative disorders, which are frequently associated with trauma, disrupt every area of psychological functioning, consciousness, memory, identity, emotion, motor control and behavior.

Heal Through it | Mental Health Promotion

Mental Health Condition SCHIZOAFFECTIVE DISORDER

Schizoaffective disorder involves symptoms of schizophrenia, such as hallucinations or delusions, and symptoms of a mood disorder, such as depressive or manic episodes.



Overview

Many people with schizoaffective disorder are often incorrectly diagnosed at first with bipolar disorder or schizophrenia. Because schizoaffective disorder is less well-studied than the other two conditions, many interventions are borrowed from their treatment approaches. Schizoaffective is relatively rare, with a lifetime prevalence of only 0.3%. Men and women experience schizoaffective disorder at the same rate, but men often develop the illness at an earlier age.



Treatment

People with schizoaffective disorder are often treated with a combination of medications and psychotherapy. How well treatment works depends on the type of schizoaffective disorder, its severity and its duration. Doctors and other mental health professionals will often prescribe medications to relieve symptoms of psychosis, stabilize mood and treat depression. The only medication approved by the FDA to treat schizoaffective disorder is the antipsychotic drug paliperidone (Invega).



Support

If you or a family member or friend is struggling with schizoaffective disorder, there is help. NAMI is there to provide you with support for you and your family and information about community resources. Contact the NAMI helpline at 1-800-950-NAMI (6242) or info@nami.org if you have any questions about schizoaffective disorder or finding support and resources.



Discuss

Connecting with others on the NAMI discussion groups can be a great way to manage recovery, find support and learn more about mental health conditions. Create a nami.org account to participate.

Source: National Alliance on Mental Illness (NAMI)

Treatment

Interventions for dissociative disorders are to help recall and process painful memories, skills, and, in the case of dissociative identity disorder, the different identities into one. It is important to note that there is no drug used to combat dissociation itself. Rather, it is used to combat additional symptoms that arise with dissociative disorders.

Discuss

Connecting with others on the NAMI discussion groups can be a great way to manage recovery, find support and learn more about mental health conditions. Create a nami.org account to participate.

Source: NAMI

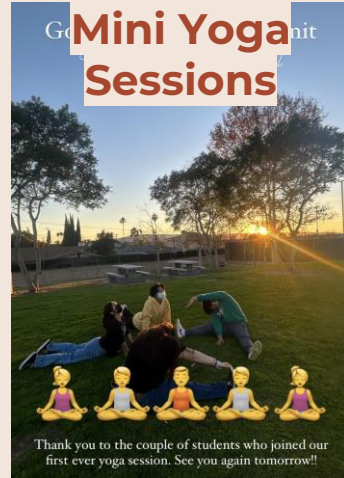
Mental Health Stories



Campaign Activities



Lunch Activities



Mini Yoga Sessions

Thank you to the couple of students who joined our first ever yoga session. See you again tomorrow!!



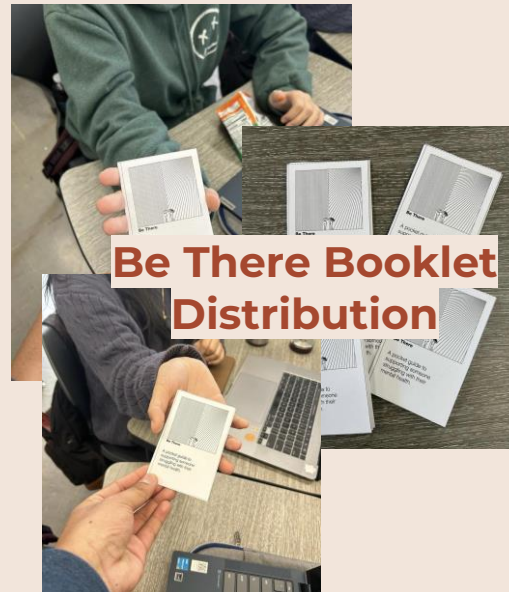
Posting inspirational quotes



AMA Health Career Expo



Campus Interviews



Be There Booklet Distribution



On-campus art workshops



Classroom Presentations

Classroom Presentations

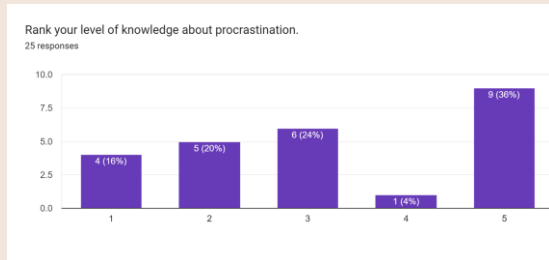




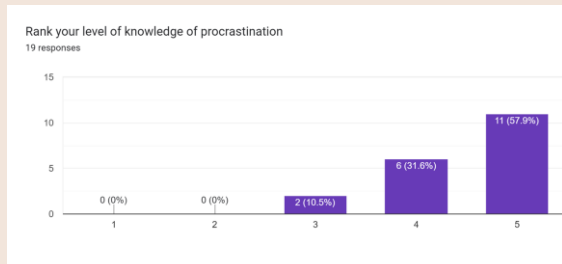
Presentations Pre and Post Surveys

Procrastination Presentation

Pre-Survey

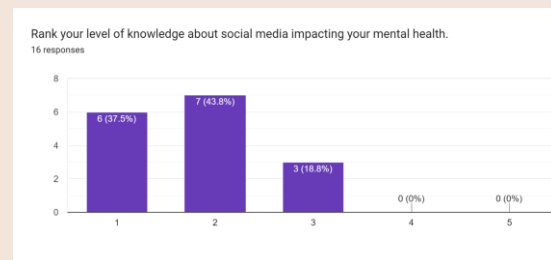


Post-Survey

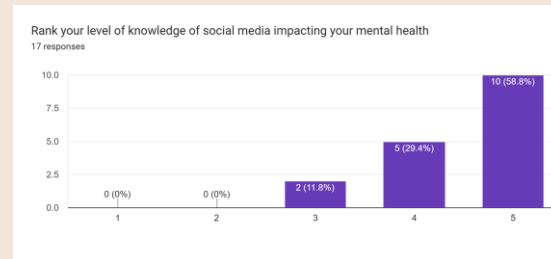


Social Media Presentation

Pre-Survey

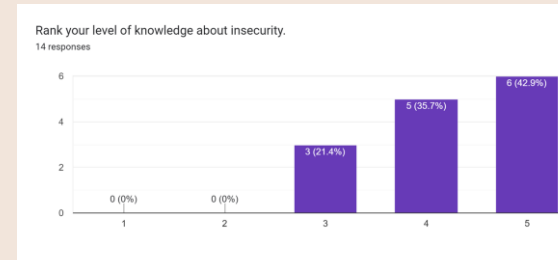


Post-Survey

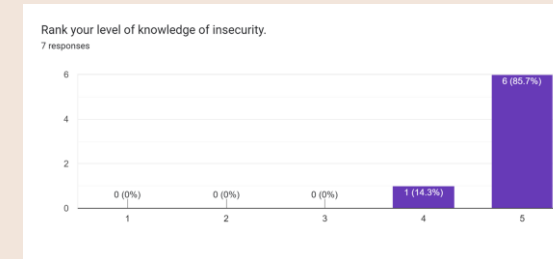


Insecurities Presentation

Pre-Survey

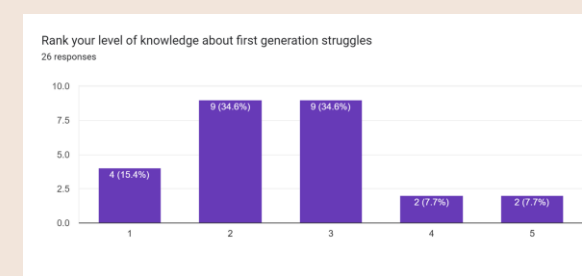


Post-Survey

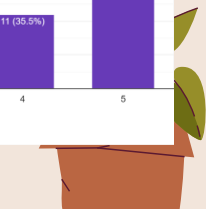
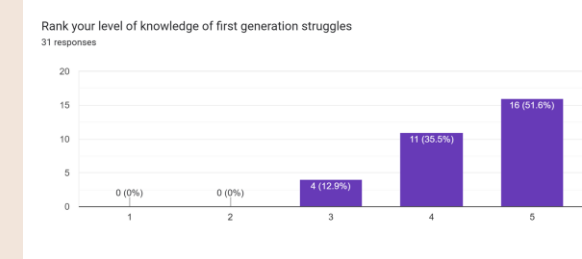


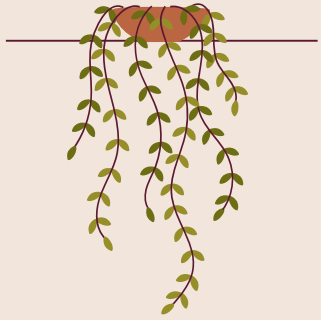
First Gen Struggles Presentation

Pre-Survey



Post-Survey





Future Plans

- Continue working with our Psychiatric Social Worker
- Continue partnering with LA Trust for Children's Health
 - Continue classroom presentations
 - Continue posting in the social media
 - Continue on-campus activities

**We will make students realize that
“Mental Health IS health” and inspire
our peers to “Heal Through It”**





Thank you!

Do you have any questions?

amarti51@lausd.net

310-847-1460

<https://amachs-lausd-ca.schoolloop.com/>



TAB 3

The Impact of the Evolving Cannabis/Cannabinoid Market on School Campuses

“Addressing a key source of youth access to unregulated cannabis and Delta-8 products at smoke shops close to schools.”

Developed by:

Albert Melena and Tomas Robles
San Fernando Valley Partnership, inc.



Image source: emeraldreport.com

Increasing Cannabis Related Incidents
On School Campuses



Increased Youth Consumption



The evolving “Gray Market”
(2018 Farm Bill: Hemp-Derived Products)
Now includes smoke shops



More Cannabis (Marijuana) Products Available

The Impact of Proposition 64

(The Adult Use of Marijuana Act)

- Increased access via “Underground/Gray Market,” **Smoke Shops** and Social Media
 - Evolving Delta-8 Edibles and Concentrate Products
 - Shifting perceptions of harm associated with cannabis use



Nationally, the **average potency** of tetrahydrocannabinol (THC), the **primary psychoactive found in marijuana concentrates** has risen from 13.23% in 1995 to 53.63% in 2019. **This represents an increase of over 300%;**

National **marijuana edibles exposure calls to Poison Control**, for ages 0-12, from 2016 (187) to 2021 (4329) has **increased by 2215%;** and

From 2008 (2,030) to 2020 (13,568) there was a **568% increase in California emergency department visits and admissions for primary marijuana use.**



NOW AT 10



WEATHER

Lo:51°

ktla.com

Santa Clarita 54°

Lo:48°

ktla.com

South El Monte 58°

57°

10:10P



00:00 / 02:26



Tobacco Retailer Density in Los Angeles

Retailer Fast Facts

- ▶ Los Angeles has **3,759 tobacco retailers**, **32 times more** retailers than McDonald's restaurants and **14 times more** than Starbucks.



- ▶ **68.7% of tobacco retailers are within 500 feet of another tobacco retailer** (1 city block); **average distance** between a tobacco retailer and its nearest competitor is **515 feet** (~1 city block).





COMMUNITY TOUR FINDINGS

1. Smoke Shops carry product lines, beyond traditional tobacco items, that include emerging cannabinoids and other hemp-derived products, along with materials to facilitate the consumption of THC:
 - 12% of Smoke Shops in our sample sell only tobacco products;
 - 87% sell CDB products;
 - **74% sell Delta 8 products;**
 - 63% sell Butane cannisters; and
 - 35% sell empty vaporizer cartridges/pods
2. Smoke Shops are located close to middle schools and high schools:
 - About **73% of schools have been reported to be located within 1,000 feet of Smoke Shops in the City of Los Angeles** (ASPIRE, 2020);



of Los Angeles schools are within
1,000 ft of a tobacco retailer



Tobacco Retailer Density in Los Angeles Report

AVAILABILITY IS KEY!

Studies have consistently demonstrated that **children are more likely to smoke when they live or go to school in neighborhoods with a high density of tobacco retailers.**

Tobacco companies are also known to **target low-income neighborhoods and communities of color with predatory marketing and retail practices.**

Tobacco Retailer Density, Place-based strategies to advance health & equity. Change Lab Solutions



Back to School Special

“Smoke Shops market to young people”



Cannabis and Delta-8 Edibles:
“A wave of new dangerous products”

DELTA-8



*Actual product being sold at a variety of smoke shops

WHAT OUR SCHOOLS AND COMMUNITIES NEED TO KNOW

Delta-8 tetrahydrocannabinol, also known as Delta-8 THC, is a psychoactive substance found in the Cannabis Sativa plant, of which marijuana and hemp are two varieties. Delta-8 THC is one of over 100 cannabinoids produced naturally by the cannabis plant but is not found in significant amounts in the cannabis plant. As a result, concentrated amounts of Delta-8 THC are typically manufactured from hemp-derived cannabidiol (CBD).

It is important for consumers to be aware that Delta-8 THC products have not been evaluated or approved by the FDA for safe use in any context. They may be marketed in ways that put the public health at risk and should especially be kept out of reach of children and pets.

(FDA U.S. Food & Drug Administration)

Made possible with funds from the Los Angeles County Department of Public Health, Substance Abuse Prevention and Control

DELTA-8 THC HAS SERIOUS HEALTH RISKS

NATIONAL POISON CONTROL CENTERS RECEIVED 661 EXPOSURE CASES OF DELTA-8 THC PRODUCTS BETWEEN JANUARY 2018 AND JULY 31, 2021, 660 OF WHICH OCCURRED BETWEEN JANUARY 1, 2021, AND JULY 31, 2021. OF THE 661 EXPOSURE CASES:



41% INVOLVED UNINTENTIONAL EXPOSURE TO DELTA-8 THC AND 77% OF THESE UNINTENTIONAL EXPOSURES AFFECTED PEDIATRIC PATIENTS LESS THAN 18 YEARS OF AGE; AND

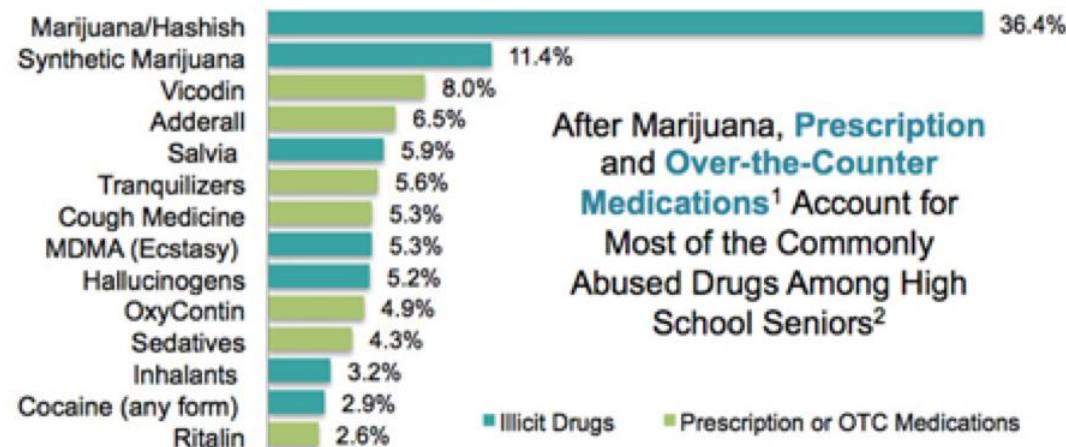


18% OF THE DELTA-8 EXPOSURES (119 OF 661 CASES) REQUIRED HOSPITALIZATIONS, INCLUDING CHILDREN WHO REQUIRED INTENSIVE CARE UNIT (ICU) ADMISSION FOLLOWING EXPOSURE TO THESE PRODUCTS.

SOURCE:
[WWW.FDA.GOV/CONSUMERS/CONSUMER-UPDATES/5-THINGS-KNOW-ABOUT-DELTA-8-TETRAHYDROCANNABINOL-DELTA-8-THC](https://www.fda.gov/consumers/consumer-updates/5-things-know-about-delta-8-tetrahydrocannabinol-delta-8-thc)

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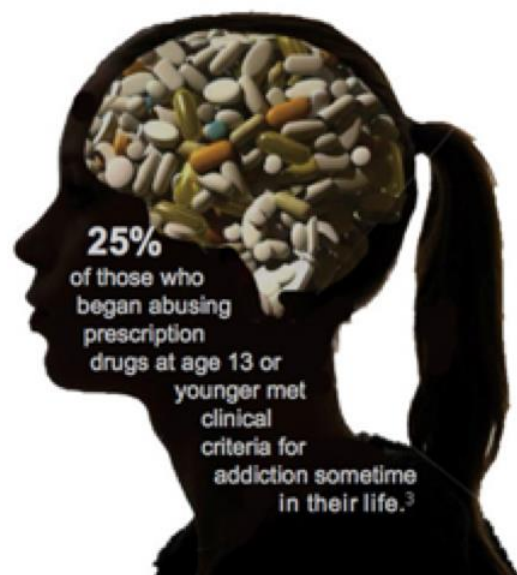


After Marijuana, **Prescription and Over-the-Counter Medications**¹ Account for Most of the Commonly Abused Drugs Among High School Seniors²

About 1 in 9 youth



or 11.4 percent of young people aged 12 to 25 used prescription drugs nonmedically within the past year.³



¹ Past Year Use

² Monitoring the Future Survey, 2011

³ National Survey on Drug Use and Health, 2010

“For teens, there is a common misperception is that **prescription drugs** are safer or less harmful to one’s body than other kinds of drugs.”



FAKE PRESCRIPTION PILLS • WIDELY AVAILABLE • INCREASINGLY LETHAL

**ONE
PILL CAN
KILL**

www.dea.gov/onepill

**Counterfeit pills are
widely available in
our communities!**



6 DEA LAB TESTING REVEALS THAT
OUT OF EVERY 10 PILLS
CONTAIN A POTENTIALLY
LETHAL DOSE OF FENTANYL

**ONE
PILL CAN
KILL**

www.dea.gov/onepill

**According to the DEA, Fake
Prescription Pills** are easily
accessible and often sold on social
media and e-commerce platforms,
making them **available to
anyone with a smartphone,
including minors.**

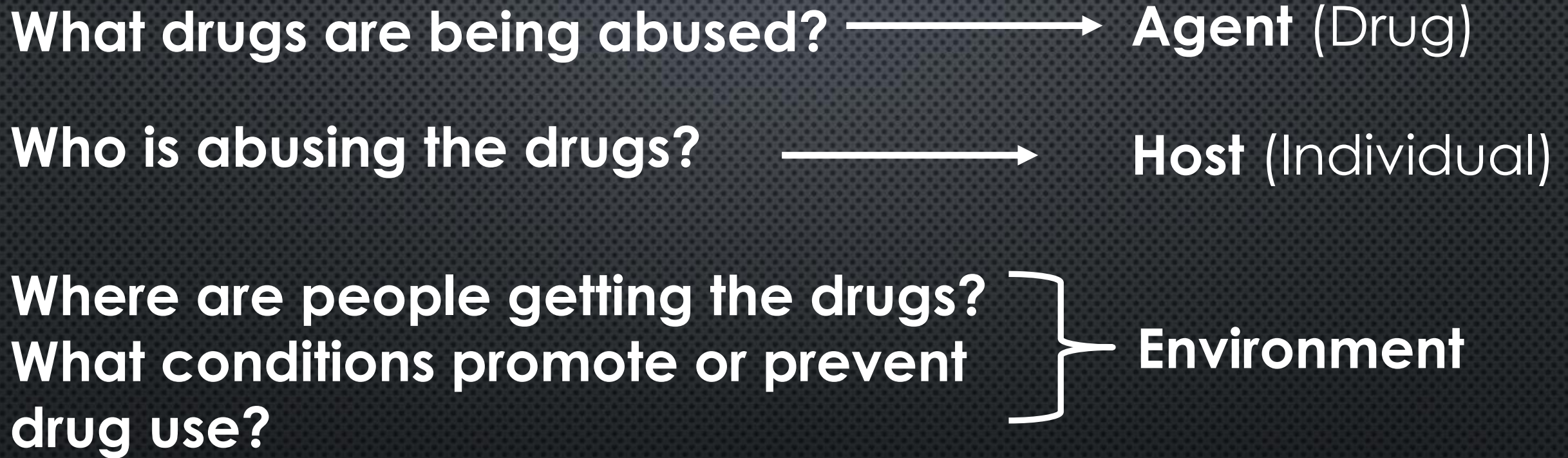
These **“fake” pills** are made to look
like prescription opioids such as
**Oxycontin, Percocet,
hydrocodone, or Xanax, and
stimulants like Adderall.**



SELF-MEDICATING | EXPERIMENTING | USE DISORDER

REASONS FOR USE

Public Health Approach



Strategies will impact all three!



Please help us reach more people by sharing your thoughts about this presentation and how we can improve it!



Please email any additional questions or comments to:

Albert Melena
amelena@sfvp.org